Allston Brighton Behavioral Health Resource Guide





With Generous Support Provided by



USING THIS GUIDE

This guide is intended for anyone looking for resources to improve their health. The guide focuses on substance abuse and mental health concerns and provides information for those experiencing struggle with these issues and their families. Sections 1, 2, and 3 contain tables of information structured as follows:

	NEIGHBORHOOD			
TITLE	or CITV	CONTACT	COMMENTS	PAGE

- 'Title' provides the name of the resource or organization.
- 'Neighborhood or City' provides the location of the resource or organization.
- **'Contact'** provides a phone number of the resource or organization.
- **'Comments'** provides any additional information regarding health insurance, or age or gender seen by the resource or organization. Please note that insurance coverage is subject to change without notice and some service providers who do not accept Medicaid/MassHealth may offer a sliding scale or financial assistance.
- **'Page'** provides the page number that corresponds to a detailed description of the resource or organization.

The categories referred to in each Section are described below:

Detox (for substance abuse conditions), **Inpatient & Residential Treatment:** clinical programs that involve staying at a hospital or other treatment facility for a period of time.

Partial Hospitalization & Intensive Outpatient Treatment: clinical programs that do not require staying at a hospital but do require a treatment schedule at a hospital or other treatment facility, often for multiple hours a day, daily for a week or more.

Outpatient Treatment and Medication-Assisted Outpatient Treatment: clinical treatment programs by appointment, with or without the use of medication.

Treatment for Children, Adolescents & Families: clinical programs that provide specialized services for children, adolescents & families.

Resources for Support & Recovery: non-clinical organizations that provide community and family support, education, and/or advocacy.

Support Groups: non-clinical groups that meet on a regular basis to provide peer support to individuals in treatment and recovery, and their families and friends.

Phone, Text & On-line Support: crisis lines accessed by telephone, text message, internet-based chat or e-mail.

Resources for Education & Awareness: sources of information to raise awareness and improve prevention.

TABLE OF CONTENTS

USING THIS GUIDE:

SECTION 1: MENTAL HEALTH

Inpatient & Residential Treatment	3
Partial Hospitalization & Intensive Outpatient Treatment	6
Outpatient Treatment	8
Medication-Assisted Outpatient Treatment	11
Treatment for Children, Adolescents & Families	13
Resources for Support & Recovery	15
Support Groups	16
Phone, Text & Chat & E-mail Support	19
Resources for Education & Awareness	21
SECTION 2: SUBSTANCE ABUSE	
Detox, Inpatient & Residential	23
Partial Hospitalization & Intensive Outpatient Programs	25
Outpatient Treatment	26
Medication-Assisted Outpatient Treatment (Methadone & Suboxone)	28
Treatment for Children, Adolescents & Families	30
Resources for Support & Recovery	31
Support Groups	32
Phone, Text & On-line Support	36
Resources for Education & Awareness	37
SECTION 3: ADDITIONAL RESOURCES	38
SECTION 4: RESOURCE A-Z	39

SECTION 1: MENTAL HEALTH

MENTAL HEALTH: INPATIENT & RESIDENTIAL

TITLE	NEIGHBORHOOD or CITY	CONTACT	COMMENTS	PAGE
Arbour Hospital (Arbour Health System)	Jamaica Plain	1-800- 22-ACCES (1-800-222- 2237) 617-522-4400	MassHealth	40
Arbour-HRI Hospital (Arbour Health System)	Brookline	1-800- 22-ACCES (1-800-222- 2237) 617-731-3200	MassHealth	40
Bay Cove Human Services Community Crisis Stabilization Unit	South End	617-371-3000	MassHealth	40
BayRidge Hospital (Lahey Health Behavioral Services)	Lynn	781-599-9200	MassHealth	41
Beth Israel Deaconess Medical Center Inpatient Unit	Mission Hill	617-667-4735 Referrals: 617- 754-2036	Latino Mental Health Program Available MassHealth	41
Bournewood Hospital	Brookline	617-469-0300 1-800-468- 4358	MassHealth	43
Brigham and Women's Faulkner Hospital	Jamaica Plain	617-983-7060	MassHealth	44
Cambridge Eating Disorder Center	Cambridge	617-547-2255	For Women	46
Cambridge Hospital (Cambridge Health Alliance)	Cambridge	617-665-1372	MassHealth	46
Carney Hospital	Dorchester	617-296-4012	MassHealth	46

MENTAL HEALTH: INPATIENT & RESIDENTIAL

TITLE	NEIGHBORHOOD or CITY	CONTACT	COMMENTS	PAGE
The Guild for Human Services	Waltham	781-893-6000	Children & Young Adults with Intellectual Disabilities	51
Hill Center for Women (McLean Hospital)	Belmont	617-855-2595	For Women Only	52
Italian Home for Children	Jamaica Plain	617-524-3116	MassHealth Children & families	53
Klarman Eating Disorders Center (McLean Hospital)	Belmont	617-855-3410	For Women Ages 16-26 MassHealth	53
Lowell Treatment Center (Arbour Health System)	Lowell	1-800- 22-ACCES (1-800-222- 2237) 978-703-2200	MassHealth	55
Massachusetts General Hospital Inpatient Psychiatric Service	West End	617-724-9110	MassHealth	53
McLean Hospital Community Reintegration Unit	Belmont	1-800-333- 0338	MassHealth	56
McLean Hospital Short Term Unit	Belmont	1-800-333- 0338	MassHealth	56
McLean Hospital Schizophrenia & Bipolar Disorder Inpatient Program	Belmont	1-800-333- 0338	MassHealth	56
Monte Nido Laurel Hill (For Eating Disorders)	Medford	1-888-228- 1253	For Women	58
Obsessive Compulsive Disorder Institute (McLean Hospital)	Belmont	617-855-3371	MassHealth	59

MENTAL HEALTH: INPATIENT & RESIDENTIAL

TITLE	NEIGHBORHOOD or CITY	CONT	ACT	CC	OMMENTS	PAGE
The Quincy Center (Arbour Health System)	Quincy		1-800 ACC (1-800 223 617-801	CES -222- 7)	MassHealth	59
St. Elizabeth's Medical Cente	r Brighton Dorcheste		617-789)-2127	MassHealth	62
Tufts Medical Center Inpatier Psychiatry	t Chinatow	n	617-636	5-8935	MassHealth	62
Walden Behavioral Care	Waltham	l	Mai 781-647 Admis 781-647	7-6700 sions:	Ages 16+ MassHealth	63
Westwood Lodge (Arbour Health System)	Westwoo	d	1-800 ACCE 800 222-2 781-762	2S (1-)- 237)	MassHealth	63

MENTAL HEALTH:

PARTIAL HOSPITALIZATION & INTENSIVE OUTPATIENT TREATMENT

	NEIGHBORHOOD			
TITLE	0r	CONTACT	COMMENTS	PAGE
	CITY			
		800-22-ACCES		
Arbour Hospital	Jamaica Plain	(1-800-222-2237)	MassHealth	40
(Arbour Health System)	-	617-522-4400		
Arbour-HRI Hospital		800-22-ACCES		
(Arbour Health System)	Brookline	(1-800-222-2237)	MassHealth	40
(moour meanin bystein)		617-731-3200		
BayRidge Hospital (Lahey Health Behavioral Services)	Lynn	781-599-9200	MassHealth	41
		1-800-22-ACCES		
The Boston Center	Allston	(1-800-222-2237)	MassHealth	41
(Arbour Health System)		617-783-9676		
Deveneration of Hearital	Brookline	617-469-0300	MassHealth	43
Bournewood Hospital	brookline	1-800-468-4358	MassHealth	43
Brigham and Women's Faulkner Hospital	Jamaica Plain	617-983-7060	MassHealth	44
Cambridge Eating Disorder Center	Cambridge	617-547-2255		46
Carney Hospital	Dorchester	617-296-4012	MassHealth	46
Center House Day Treatment Program (Bay Cove Human Services)	West End	617-371-3000	MassHealth	47
Eating Disorder Center of Boston (Monte Nido)	Back Bay	1-888-228-1253		50
The Guild for Human Services	Waltham	781-893-6000	For those with intellectual disabilities	51
Hill Center for Women (McLean Hospital)	Belmont	617-855-2595	For Women MassHealth	52

MENTAL HEALTH:

PARTIAL HOSPITALIZATION & INTENSIVE OUTPATIENT TREATMENT

TITLE	NEIGHBORHOOD or CITY	CONTACT	COMMENTS	PAGE
Italian Home for Children	Jamaica Plain	617-524-3116		53
Klarman Eating Disorders Center (McLean Hospital)	Belmont	617-855-3410	For Women Ages 16- 26 MassHealth	53
Lowell Treatment Center (Arbour Health System)	Lowell	800-22-ACCES (222-2237) 978-703-2200	MassHealth	55
McLean Hospital Behavioral Health Partial Hospital Program	Belmont	617-855-3286	MassHealth	54
Obsessive Compulsive Disorder Institute (McLean Hospital)	Belmont	617-855-3371	MassHealth	59
The Renfrew Center (For eating disorders)	Fenway/Kenmore	1-800- RENFREW (1-800-736-3739)	For Adolescents & Women Only	60
St. Elizabeth's Medical Center	Brighton	Referrals: 617-789-5128	MassHealth	62
St. Francis House	Downtown Boston	617-542-4211		61
Walden Behavioral Care (For eating disorders)	Waltham	781-899-2460	MassHealth	63

MENTAL HEALTH: OUTPATIENT THERAPY & COUNSELING

TITLE	NEIGHBORHOOD or CITY	CONTACT	COMMENTS	PAGE
	Allston	617-782-6460		
Arbour Counseling Services	Brookline	617-232-0353	MassHealth	40
Another Counseling Services	Jamaica Plain	617-524-1120	iviassi icaitii	-10
	Woburn	781-932-8114		
Bay Cove Human Services	West End	617-371-3000	MassHealth	40
Bay Ridge Hospital (Lahey Health Behavioral Services)	Lynn	781-599-9200	MassHealth	40
Boston Institute for Psychotherapy	Brookline	617-566-2200	MassHealth	42
Boston Medical Center Psychiatry	South End	617-414-4238	MassHealth	42
Boston University Center for Anxiety & Related Disorders	Fenway/Kenmore	617-353-9610		43
Bournewood Hospital	Brookline	617-469-0300 1-800-468- 4358	MassHealth	43
Brighton Allston Mental Health Association (Italian Home for Children)	Brighton	617-787-1901		44
Brockton Addiction Treatment Center (BATC)	Brockton	508-742-4420	MassHealth	44
Brookline Community Mental Health Center	Brookline	617-277-8107	MassHealth	44
Cambridge Eating Disorder Center	Cambridge	617-547-2255		46

MENTAL HEALTH: OUTPATIENT THERAPY & COUNSELING

TITLE	NEIGHBORHOOD or CITY	CONTACT	COMMENTS	PAGE
Brigham and Women's Faulkner Hospital	Jamaica Plain	617-983-7474	MassHealth	44
Cambridge Hospital (Cambridge Health Alliance)	Cambridge	617-591-6033	MassHealth	46
Carney Hospital	Dorchester	617-296-4012	MassHealth	46
Charles River Community Health	Allston Waltham	617-783-0500 781-693-3800	MassHealth	48
Children's Services of Roxbury	Roxbury	617-445-6665	MassHealth	49
The Dimock Center	Roxbury	617-442-8800		49
Franciscan Hospital for Children	Brighton	617-254-3800	MassHealth	50
Institute for Health and Recovery	Cambridge	617-661-3991		52
McLean Hospital Adult Outpatient Clinic	Belmont	617-855-2300	MassHealth	54
Health Clinic (North Charles)	Somerville	617-491-1269	MassHealth	57
The Renfrew Center (For eating disorders)	Fenway/Kenmore	1-800- RENFREW (1-800-736- 3739)	For Adolescents & Women Only	60
South Cove Community Health Center	Chinatown	617-521-6730	MassHealth	61
South End Community Health Center	South End	617-425-2000	MassHealth	61

MENTAL HEALTH: OUTPATIENT THERAPY & COUNSELING

TITLE	NEIGHBORHOOD or CITY	CONTACT	COMMENTS	PAGE
St. Elizabeth's Medical Center	Brighton	617-789-2102	MassHealth	62
Walden Behavioral Care	Waltham	781-899-2460	MassHealth	63
Whittier Street Health Center	Roxbury	617-427-1000		64

MENTAL HEALTH: MEDICATION-ASSISTED OUTPATIENT TREATMENT (PSYCHOPHARMACOLOGICAL TREATMENT)

TITLE	NEIGHBORHOOD or CITY	CONTACT	COMMENTS	PAGE
	Allston	617-782- 6460		
Arbour Counseling Services	Brookline	617-232- 0353	MassHealth	40
	Jamaica Plain	617-524- 1120		
	Woburn	781-932- 8114		
Bay Cove Human Services	West End	617-371- 3000	MassHealth	40
Bay Ridge Hospital (Lahey Health Behavioral Services)	Lynn	781-599- 9200	MassHealth	40
Boston Institute for Psychotherapy	Brookline	617-566- 2200	MassHealth	42
Bournewood Hospital	Brookline	617-469- 0300 1-800-468- 4358	MassHealth	43
Brockton Addiction Treatment Center (BATC)	Brockton	508-742- 4420	MassHealth	44
Brookline Community Mental Health Center	Brookline	617-277- 8107		44
Cambridge Eating Disorder Center	Cambridge	617-547- 2255		46
Cambridge Hospital (Cambridge Health Alliance)	Cambridge	617-591- 6033	MassHealth	46
Carney Hospital	Dorchester	617-296- 4012	MassHealth	46

MENTAL HEALTH: MEDICATION-ASSISTED OUTPATIENT TREATMENT (PSYCHOPHARMACOLOGICAL TREATMENT)

TITLE	NEIGHBORHOOD or CITY	CONTACT	COMMENTS	PAGE
Charles River Community Health	Allston Waltham	617-783- 0500 781-693- 3800	MassHealth	48
Children's Services of Roxbury	Roxbury	617-445- 6665	MassHealth	49
The Dimock Center	Roxbury	617-442- 8800		49
Franciscan Hospital for Children	Brighton	617-254- 3800	MassHealth	50
McLean Hospital Adult Outpatient Clinic	Belmont	617-855- 2300	MassHealth	55
North Charles Mental Health Clinic (North Charles)	Somerville	617-491- 1269	MassHealth	59
The Renfrew Center (For Eating Disorders)	Fenway/Kenmore	1-800- RENFREW (1-800-736- 3739)	For Women	60
South Cove Community Health Center	Chinatown	617-521- 6730	MassHealth	61
South End Community Health Center	South End	617-425- 2000	MassHealth	61
St. Elizabeth's Medical Center	Brighton	617-789- 2102	MassHealth	62
Walden Behavioral Care	Waltham	781-899- 2460	MassHealth	63
Whittier Street Health Center	Roxbu r y	617-427- 1000		64

MENTAL HEALTH: TREATMENT FOR CHILDREN, ADOLESCENTS & FAMILIES

	NEIGHBORHOOD			
TITLE	0r	CONTACT	COMMENTS	PAGE
	CITY	CONTROL		INCL
(Arbour Health System)	Jamaica Plain	1-800-22- ACCES (1-800-222-2237) 617-522-4400	MassHealth	40
The Boston Center (Arbour Health System)	Allston	617-783-9676	MassHealth	41
The Rice Center (Boston Institute for Psychotherapy)	Brookline	617-566-2200	MassHealth	42/60
Boston Children's Hospital Psychiatry	Mission Hill	617-355-7726	Ages 8-18 MassHealth	42
Boston Medical Center Psychiatry	South End	617-414-4238	MassHealth	42
Cambridge Eating Disorder Center	Cambridge	617-547-2255		46
Cambridge Hospital (Cambridge Health Alliance)	Cambridge	Inpatient: 617-665-1372 Outpatient: 617-665-3458	MassHealth	46
Children's Services of Roxbury	Roxbury	617-445-6665	MassHealth	49
Floating Hospital for Children at Tufts Medical Center	Chinatown	617-636-5731	MassHealth	50
Franciscan Hospital for Children	Brighton	617-254-3800	MassHealth	50
The Guild for Human Services	Waltham	781-893-6000	For Children, Adolescents & Young Adults with Intellectual Disabilities	51

MENTAL HEALTH: TREATMENT FOR CHILDREN, ADOLESCENTS & FAMILIES

	NEIGIBODIOOD			
TITLE	NEIGHBORHOOD	CONTACT	COMMENTS	PAGE
IIILE	or CITY	CONTACT	COMMENTS	FAGE
The Home for Little Wanderers	Roslindale	1-888-HOME- 321		52
wanderers		(1-888-466-3321) 617-267-3700		
Institute for Health and Recovery	Cambridge	617-661-3991		52
Italian Home for Children	Jamaica Plain	617-524-3116		53
Klarman Eating Disorders Center (McLean Hospital)	Belmont	617-855-3410	For Women Ages 16-26 MassHealth	53
Lowell Treatment Center (Arbour Health System)	Lowell	1-800-22- ACCES (1-800-222-2237) 978-703-2200	MassHealth	55
Obsessive Compulsive Disorder Institute (McLean Hospital)	Belmont	617-855-3371	Ages 16+ MassHealth	59
The Renfrew Center (for eating disorders)	Fenway/Kenmore	1-800- RENFREW (1-800-736-3739)		60
South End Community Health Center	South End	617-425-2000	MassHealth	61
Walden Behavioral Care	Waltham	Inpatient Main: 781-647-6700 Inpatient Admissions: 781-647-6727 Outpatient: 781-899-2460	Ages 16+ MassHealth	63
Westwood Lodge (Arbour Health System)	Westwood	1-800-22- ACCES (1-800-222-2237) 781-762-7764	MassHealth	63
Whittier Street Health Center	Roxbury	617-427-1000		64

MENTAL HEALTH: RESOURCES FOR SUPPORT & RECOVERY

TITLE	NEIGHBORHOOD or CITY	CONTACT	PAGE
Depression Bipolar Support Alliance of Boston	Belmont	617-855-2795	49
Metro Boston Recovery Learning Community	Jamaica Plain Somerville South End West End	617-305-9900	57
NAMI Greater Boston Consumer Affiliate/Advocacy Network	West End	617-626-8691	58
NAMI Mass	Charlestown	1-800-370-9085	58
Ruby Rogers Center (Bay Cove Human Services)	Somerville	617-625-9933	60
The Transformation Center	Roxbu r y	1-877-769-7693 617-442-4111	62
Waverley Place (McLean Hospital)	Belmont	617-484-0193	63
The Women's Table	Brighton	617-746-2056	64

MENTAL HEALTH: SUPPORT GROUPS

TITLE	NEIGHBORHOOD or CITY	ADDRESS	MEETING TIMES	CONTACT
Cambridge Eating Disorder Center	Cambridge	Cambridge Eating Disorder Center 3 Bow Street	1st Tuesdays of each month: 6-7pm	617-547-2255 http://www.eatingdisordercenter.org/
Depression	Belmont	McLean Hospital Francis DeMarneffe Building 115 Mill Street	Mondays, Thursdays, Fridays & Saturdays: 1:30-3:30pm Wednesdays: 7-9pm	
Bipolar Support Alliance of Boston West End	West End	Massachusetts General Hospital The Yawkey Center, 4th Floor, Suite 4A, Schiff Conference Room 55 Fruit Street	Thursdays: 7-9pm	617-855-2795 http://dbsaboston.netfirms.com/
Mass General Hospital for Children Club STAR Bereavement Support Group	West End	Massachusetts General Hospital The Yawkey Center, 55 Fruit Street	1st Wednesdays of each month, October to June: 5:30-7:30pm	617-643-9276 mghclubstar@partners.org
NAMI Connection Recovery Support	Somerville	Cambridge/ Somerville Recovery Learning Center 35 Medford Street	Wednesdays & Fridays: 10:30am-12pm	617-863-5388 <u>tanj@vinfen.org</u>
Group	South End	The Boston Resource Center 85 E. Newton	Mondays: 10:30am-12pm	781-333-9825 info@namigbcan.org

MENTAL HEALTH: SUPPORT GROUPS

TITLE	NEIGHBORHOOD or CITY	ADDRESS	MEETING TIMES	CONTACT
	West End	The Erich Lindemann Mental Health Center 25 Staniford Street	Tuesdays: 1-2:30pm	617-626-8691 info@namigbcan.org
National Education Alliance Borderline Personality Disorder Family Education Workshops	Belmont	McLean Hospital Francis DeMarneffe Building, Room 132 115 Mill Street	Once a month on Thursdays: 6-7:15pm	617-855-2251 <u>kadonnelly@partners.org</u> <u>http://www.borderlinepersonalitydiso</u> <u>rder.com/</u>
OCD Massachu- setts	Belmont	McLean Hospital Francis DeMarneffe Building, Room 132 115 Mill Street	1st Tuesdays of each month: 8- 9pm	617-376-3784 <u>deganstack@gmail.com</u> <u>http://www.ocdmassachusetts.org/</u>
OCD Massachu- setts Family Support Group (for parents)	Belmont	McLean Hospital Francis DeMarneffe Building, Room 116 115 Mill Street	1st Tuesdays of each month: 6pm	617-376-3784 <u>deganstack@gmail.com</u> <u>http://www.ocdmassachusetts.org/</u>
Parent/ Professional Advocacy League	West End	Bay Cove Human Services 66 Canal Street	Thursdays: 12- 1:30pm Spanish groups 1st & 3rd Fridays of each month: 12-1pm	617-371-3125 617-371-3052 <u>http://www.ppal.net/</u>

MENTAL HEALTH: SUPPORT GROUPS

TITLE	NEIGHBORHOOD or CITY	ADDRESS	MEETING TIMES	CONTACT
Samaritans SafePlace Grief Support	Downtown	Samaritans 33 West Street	2nd & 4th Tuesdays of each month: 7-8:30pm	617-536-2460 <u>info@samaritanshope.org</u> <u>http://www.samaritanshope.org/</u>

MENTAL HEALTH: PHONE, TEXT, CHAT & E-MAIL SUPPORT

TITLE	NUMBER / WEBSITE
ANAD: National Association of Anorexia Nervosa and Related Disorders	630-577-1330
Boys Town	1-800-448-3000 Text "VOICE" to 20121 E-mail and Chat Support at: <u>http://www.yourlifeyourvoice.org/</u>
Crisis Text Line	Text "START" to 741741
GLBT National Help Center	1-888-843-4564 Youth Line: 1-800-246-7743 E-mail: <u>help@GLBThotline.org</u> chat support at: <u>http://www.glnh.org/</u>
Loveisrespect (Dating Abuse Helpline)	1-866-331-9474 TTY: 1-866-331-8453 Text "loveis" to 22522 Chat support at: <u>http://www.loveisrespect.org/</u>
Mass 2-1-1	Dial 211 If 211 is not supported by your phone and/or carrier: 1-877-211-MASS TTY: 508-370-4890
MassMen	http://massmen.org/
Massachusetts Substance Abuse Information and Education Helpline	1-800-327-5050 http://helpline-online.com/
Metro Boston Recovery Learning Community Peer Line	1-877-733-7563
National Domestic Violence Hotline	1-800-799-7233 (multiple languages available) TTY: 1-800-787-3224 Chat Support at: <u>http://www.thehotline.org/</u>
National Eating Disorders Association	1-800-931-2237
National Human Trafficking Resource Center	1-888-373-7888 text "HELP" to 233733
National Runaway Safeline	1-800-786-2929 Chat Support at: <u>http://www.1800runaway.org/</u>

MENTAL HEALTH: PHONE, TEXT, CHAT & E-MAIL SUPPORT

TITLE	NUMBER / WEBSITE
National Safe Place (for teens in crisis)	Text "SAFE" and your current location to 69866
National Suicide Prevention Lifeline	1-800-273-8255
RAINN: Rape, Abuse and Incest National Network	1-800-656-4673 Chat Support at: <u>http://rainn.org/</u> (Spanish available)
Samaritans Suicide Prevention & Grief Support	1-877-870-4673
SAMHSA Disaster Distress Helpline	1-800-985-5990 (multiple languages available) TTY: 1-800-846-8517 Text "TalkWithUs" to 66746 Para Español, text "Hablanos" to 66746
SAMHSA National Helpline/Treatment Referral Line	1-800-662-HELP (4357) TTY: 1-800-487-4889
The Trevor Project (For LGBTQ youth)	1-866-488-7386 text "Trevor" to 1-202-304-1200 chat support at: <u>http://www.thetrevorproject.org/</u>
USA National Child Abuse Hotline	1-800-422-4453
Veterans Crisis Line	1-800-273-8255 (press 1) TTY: 1-800-799-4889 text 838255 chat support at: <u>http://www.veteranscrisisline.net/</u>

TITLE	NEIGHBORHOOD or CITY	CONTACT	PAGE
Boston Children's Hospital Neighborhood Partnerships	Fenway/Kenmore	617-919-3201	42
Boston University Center for Psychiatric Rehabilitation	Allston	617-353-3549	43
Families For Depression Awareness	Waltham	781-890-0220	50
Jonathan O. Cole Mental Health Consumer Resource Center	Belmont	617-855-3298	53
Multi-Service Eating Disorders Association	Newton	1-866-343-MEDA (1-866-343-6332) 617-558-1881	58

MENTAL HEALTH: RESOURCES FOR EDUCATION & AWARENESS

SECTION 2: SUBSTANCE ABUSE

SUBSTANCE ABUSE: DETOX, INPATIENT & RESIDENTIAL

TITLE	NEIGHBORHOOD or CITY	CONTACT	COMMENTS	PAGE
Bay Ridge Hospital (Lahey Health Behavioral Services)	Lynn	781-599-9200	For those with co- occurring mental health conditions	40
Boston Rescue Mission	Downtown	617-338-9000	MassHealth Admissions are restricted to referrals from detoxification programs	43
Boston Treatment Center (Lahey Health Behavioral Services)	South End	617-247-1001	MassHealth	43
Bournewood Hospital	Brookline	1-800-468- 4358 617-469-0300	MassHealth	43
Brigham and Women's Faulkner Hospital	Jamaica Plain	617-983-7060	MassHealth	44
Brockton Addiction Treatment Center (BATC) (High Point Treatment Center)	Brockton	508-584-9210	MassHealth	44
CASPAR Emergency Services Center (Bay Cove Human Services)	Cambridge	617-661-0600	MassHealth	44
CASPAR GROW House (Bay Cove Human Services)	Cambridge	617-661-6020	MassHealth	45
CASPAR Hagan Manor (Bay Cove Human Services)	Somerville	617-623-5277	MassHealth	45
CASPAR Men's Residences (Bay Cove Human Services)	Somerville	617-623-5277 617-776-6036	MassHealth	45
CASPAR New Day (Bay Cove Human Services)	Somerville	617-628-8188	MassHealth	45

SUBSTANCE ABUSE: DETOX, INPATIENT & RESIDENTIAL

TITLE	NEIGHBORHOOD or CITY	CONTACT	COMMENTS	PAGE
CASPAR Womanplace (Bay Cove Human Services)	Cambridge	617-661-6020	MassHealth	46
Charlestown Recovery House (Gavin Foundation)	Charlestown	617-242-0088		48
Gavin House (Gavin Foundation)	South Boston	617-268-5517		51
Granada House	Allston	617-254-2923 TTY: 617-254- 2923		51
Hope House	Roxbury	617-971-9360	MassHealth	52
McLean Hospital Alcohol and Drug Abuse Treatment Program	Belmont	1-800-906- 9531	MassHealth	54
McLean Hospital Community Reintegration Unit	Belmont	1-800-333- 0338	MassHealth	54
Men's Addiction Treatment Center (MATC) (High Point Treatment Center)	Brockton	508-742-4400	MassHealth	57
St. Elizabeth's Medical Center	Brighton	617-789-2574	MassHealth	62

SUBSTANCE ABUSE: PARTIAL HOSPITALIZATION & INTENSIVE OUTPATIENT TREATMENT

TITLE	NEIGHBORHOOD or CITY	CONTACT	COMMENTS	PAGE
Bay Ridge Hospital (Lahey Health Behavioral Services)	Lynn	781-599-9200	MassHealth	40
Bournewood Hospital	Brookline	617-469-0300 1-800-468- 4358	MassHealth	43
Brigham and Women's Faulkner Hospital	Jamaica Plain	617-983-7060	For those with co-occurring mental health conditions	44
Central Street Care Center (Cambridge Health Alliance)	Somerville	617-591-6051	MassHealth MassHealth	47
McLean Hospital Alcohol and Drug Abuse Treatment Program	Belmont	617-855-3505	MassHealth	54
Men's Health and Recovery (Boston Public Health Commission)	South End	617-534-2186	For Men	57
Mom's Project/MORE Program (Boston Public Health Commission)	South End	617-534-7411	For Women	57
West End Clinic (Massachusetts General Hospital)	West End	617-724-7792	MassHealth	63

SUBSTANCE ABUSE: OUTPATIENT TREATMENT

TITLE	NEIGHBORHOOD or	CONTACT	COMMENTS	PAGE
	CITY			
AdCare Hospital	Downtown	617-227-2622	MassHealth	39
AdCare Hospitai	Quincy	617-328-0639	wiassi icalui	39
Addiction Treatment Center of New England	Brighton	617-254-1271	MassHealth	39
	Allston	617-782-6460		
	Brookline	617-232-0353		10
Arbour Counseling Services	Jamaica Plain	617-390-1490	MassHealth	40
	Woburn	781-932-8114		
Bay Cove Treatment Center for Opiate Addictions (Bay Cove Human Services)	West End	617-371-3030 617-371-3040	MassHealth	41
Bay Ridge Hospital (Lahey Health Behavioral Services)	Lynn	781-599-9200	For those with co-occurring mental health conditions MassHealth	40
Bournewood Hospital	Brookline	617-469-0300 1-800-468- 4358	MassHealth	43
Brockton Addiction Treatment Center (BATC) (High Point Treatment Center)	Brockton	508-742-4420	MassHealth	44
Carney Hospital	Dorchester	617-296-4000	Post- detoxification program only MassHealth	46
Center for Recovery Services (Gavin Foundation)	South Boston	617-258-5000	MassHealth	47
Central Street Care Center (Cambridge Health Alliance)	Somerville	617-591-6051	MassHealth	47
Chelsea ASAP (Bay Cove Human Services)	Chelsea	617-884-6829	MassHealth	48

SUBSTANCE ABUSE: OUTPATIENT TREATMENT

TITLE	NEIGHBORHOOD or CITY	CONTACT	COMMENTS	PAGE
Brigham and Women's Faulkner Hospital	Jamaica Plain	617-983-7060	MassHealth	44
High Point Treatment Center	Brockton	508-742-4420	MassHealth	51
Hope House	Roxbury	617-971-9370	Ages 18+ Only MassHealth	52
IMPACT (North Charles)	Somerville	617-661-5700 617-661-0405	MassHealth	52
Institute for Health and Recovery	Cambridge	617-661-3991		53
McLean Hospital Adult Outpatient Clinic	Belmont	617-855-2300	MassHealth	55
North Charles Institute for the Addictions (North Charles)	Somerville dosing site: Cambridge	617-661-5700 Dosing Site: 617-876-0823	MassHealth	58
South Boston Outpatient Clinic	South Boston	617-534-9500		60
St. Elizabeth's Medical Center	Brighton	617-789-2574	MassHealth	62
	Quincy	617-847-1513		
Total Immersion Program	Somerville	617-776-0738	Probation Department	62
(Gavin Foundation)	South Boston	617-258-5000	Referrals Only	
West End Clinic (Massachusetts General Hospital)	West End	617-724-7792	MassHealth	63
Whittier Street Health Center	Roxbury	617-427-1000		64

SUBSTANCE ABUSE: MEDICATION-ASSISTED OUTPATIENT TREATMENT (METHADONE & SUBOXONE)

TITLE NEIGHBORHOOD or CITY		CONTACT	MEDICATION	PAGE
Addiction Treatment Center of New England	Brighton	617-254-1271	Methadone	39
Arbour Counseling Services	Jamaica Plain	617-390-1490		10
Structured Outpatient Addictions Program (SOAP)	Woburn	781-932-8114	Suboxone	40
Bay Cove Treatment Center for Opiate Addictions (Bay Cove Human Services)	West End	617-371-3030 617-371-3040	Methadone	40
Brigham and Women's Faulkner Hospital	Jamaica Plain	617-983-7060	Suboxone	44
Community Substance Abuse	Chelsea	617-889-8779		
Community Substance Abuse Centers	Jamaica Plain	617-541-3670	Methadone	49
	South Boston	617-318-6480		
Habit OPCO	Brockton	508-586-6300		51
(CRC Health Group)	Quincy	617-479-0102	Methadone	
(010110000)	South Boston	617-442-1499		
High Point Treatment Center	Brockton	508-742-4420	Suboxone	51
	Danvers	978-739-7667		
Lahey Health Behavioral Services Opiate Addiction Treatment Services	Gloucester	978-283-0296	Methadone	54
Massachusetts General HospitalWest EndAddiction Recovery Management ServiceWest End		617-643-4699	Suboxone	53
Office-Based Opioid Treatment Program (OBOT) at Boston Medical Center	South End	1-866-414-6926 1-617-414-6926	Suboxone	59

SUBSTANCE ABUSE: MEDICATION-ASSISTED OUTPATIENT TREATMENT (METHADONE & SUBOXONE)

TITLE	NEIGHBORHOOD or CITY	CONTACT	MEDICATION	PAGE
North Charles Institute for the Addictions	Somerville Dosing Site: Cambridge	617-661-5700 Dosing Site: 617- 876-0823	Methadone	58
Spectrum Outpatient Services (Spectrum Health Systems)	Waltham	1-800-464-9555 (Ext: 1161)	Methadone Suboxone	61
St. Elizabeth's Medical Center	Brighton	617-789-2574	Suboxone	62
Veterans Affairs Boston	North End	617-248-1006	For veterans Only Methadone Suboxone	62
West End Clinic (Massachusetts General Hospital)	West End	617-724-7792	Suboxone	63

SUBSTANCE ABUSE: TREATMENT FOR CHILDREN, ADOLESCENTS & FAMILIES

	NEIGHBORHOOD			
TITLE	0ť	CONTACT	COMMENTS	PAGE
	CITY			
Boston Children's Hospital Adolescent Substance Abuse Program	Mission Hill	617-355-2727	MassHealth	42
The CASTLE (Clean And Sober Teens Living Empowered) (High Point Treatment Center)	Brockton	Brockton 508-638-6000		47
Children of Alcoholism and Substance Abuse (Robert F. Kennedy Children's Action Corps)	Downtown Boston	978-365-2803		48
Cushing Houses (Gavin Foundation)	South Boston	617-269-2933	Ages 16-20	49
High Point Treatment Center	Brockton	508-742-4420	MassHealth	52
(North Charles)	Somerville	617-661-5700 617-661-0405	Ages 16+ MassHealth	51
Institute for Health and Recovery	Cambridge	617-661-3991		53
The Landing at McLean HospitalBelmont		1-877-412-3445	Up to Age 19 MassHealth	54
Massachusetts General Hospital Addiction Recovery Management Service	West End	617-643-4699	Ages 14-26 MassHealth	53
South Boston Outpatient Clinic	South Boston	617-534-9500		60

	NEIGHBORHOOD	CONTACT	PAGE
TITLE	or CITY		
	Boston	508-738-5148	
Learn to Cope	Brockton Cambridge	ltc@learn2cope.org	54
K-Street (For GLBT persons & friends)	Fenway/Kenmore	<u>chairperson@k-</u> <u>street.com</u>	53
Massachusetts Organization for Addiction Recovery (MOAR)	Downtown	617-423-6627 1-877-423-6627	54
Metro Boston Recovery Learning Community	Jamaica Plain Somerville	617-305-9900	57
	South End West End	011 000 7700	
The Transformation Center	Roxbury	1-877-769-7693 617-442-4111	62

SUBSTANCE ABUSE: RESOURCES FOR SUPPORT & RECOVERY

SUBSTANCE ABUSE: SUPPORT GROUPS

TITLE	NEIGHBORHOOD or CITY	ADDRESS	MEETING TIMES	CONTACT
	Bay Village	Our Lady Of Victories Church 27 Isabella Street	Wednesdays: 7pm	
	Belmont	McLean Hospital Francis DeMarneffe Building, Room 132 115 Mill Street	Sundays: 7pm	1-888-4AL-ANON
Al-Anon & Alateen	Downtown	The Paulist Center 2nd Floor 5 Park Street	Mondays- Fridays: 12pm	(1-888-425-2666) http://ma-al-anon-alateen.org/
	Financial District	Harvard Vanguard 1st Floor Conference Room 147 Milk Street	Mondays, Wednesdays, Fridays: 12pm	
	South End	The Franklin 11 East Newton Street	Saturdays: 10am	
Alcoholics	Allston	Hill Memorial Baptist Church 279 N. Harvard Street	Sundays: 7:30pm Wednesdays: 7:30pm Mondays- Fridays: 12- 1pm	
Anonymous (Open Meetings)	Brighton	Brighton Allston Congregational Church 404 Washington Street	Sundays: 7pm	617-426-9444 http://www.aaboston.org/
		St. Elizabeth's Hospital 736 Cambridge Street	Wednesdays, Thursdays, Saturdays: 8- 9pm	
Families Anonymous	South Boston	Joseph Tynan Elementary School 650 East 4th Street	Mondays: 7:30pm	1-800-736-9805 http://www.familiesanonymous.org/
Nar-Anon Family Groups	Belmont	McLean Hospital Francis DeMarneffe Building 115 Mill Street	Mondays: 7:45 - 9:15pm	1-800-477-6291 http://www.nar-anon.org/ wso@nar-anon.org Español: <u>osm@nar-anon.org</u>

SUBSTANCE ABUSE: SUPPORT GROUPS

TITLE	NEIGHBORHOOD or CITY	ADDRESS	MEETING TIMES	CONTACT
Nar-Anon	Cambridge	The Salvation Army Building 402 Massachusetts Avenue	Wednesdays: 7pm	1-800-477-6291
Family Groups	West Roxbury	St. John Chrysostom Parish 4750 Washington Street	Tuesdays: 7:30pm	http://www.nar-anon.org/ wso@nar-anon.org Español: <u>osm@nar-anon.org</u>

SUBSTANCE ABUSE: SUPPORT GROUPS

TITLE	NEIGHBORHOOD or CITY	ADDRESS	MEETING TIMES	CONTACT	
	Brighton	St. Elizabeth's Medical Center	Mondays: 8pm		
Narcotics Anonymous	Downtown	ABCD Building 178 Tremont Street 3rd Floor	Tuesdays: 12pm	1-866-NA HELP U (1-866-624-3578) http://www.nerna.org/	
(Open Meetings)		St. Francis House 39 Boylston Street	Wednesdays: 8pm	info@newenglandna.org	
	Fenway/Kenmore	K-Street 74 Kilmarnock Street	Tuesdays: 7:30pm		
		McLean Hospital Francis DeMarneffe Building, Room 118 115 Mill Street McLean Hospital	Mondays: 7- 8:30pm Saturdays: 4:30-6pm		
	Belmont	Francis DeMarneffe Building, Room 132 115 Mill Street	Thursdays: 7-8:30pm		
		McLean Hospital Francis DeMarneffe Building 115 Mill Street	Saturdays: 4:30-6pm (Family & Friends)		
S.M.A.R.T. (Self- Managemen t And Recovery Training)	Cambridge	Mount Auburn Hospital North Cafeteria Room 330 Mount Auburn Street	Sundays: 5- 6:30pm	http://www.smartrecovery. org/ info@smartne.org	
	Jamaica Plain	Brigham and Women's Faulkner Hospital Huvos Auditorium 1155 Center Street	Tuesdays: 7- 9pm		
	West End	Massachusetts General Hospital The Yawkey Center, 4th Floor, Room 4.930 55 Fruit Street	Thursdays: 5:30-7pm		

SUBSTANCE ABUSE: PHONE, TEXT & ON-LINE SUPPORT

TITLE	NUMBER / WEBSITE	
AlcoholScreening.org	http://www.alcoholscreening.org/	
Massachusetts Bureau of Substance Abuse Services Complaint Line	617-624-5171	
Massachusetts Substance Abuse Information and Education Hotline	1-800-327-5050 http://helpline-online.com/	
MassMen	http://massmen.org/	
Mayor's Health Line	1-800-847-0710	
Partnership for Drug-Free Kids (For Parents)	1-855-DRUGFREE (1-855-378-4373)	
Poison Emergency Hotline (Regional Center for Poison Prevention and Control)	1-800-222-1222 TTY: 1-888-244-5313 <u>http://www.maripoisoncenter.com/</u>	
SAMHSA National Helpline/Treatment Referral Line	1-800-662-HELP (4357) TTY: 1-800-487-4889 <u>https://findtreatment.samhsa.gov/</u>	
(Office-Based Opioid Treatment Program (OBOT) at Boston Medical Center)	1-866-414-6926 617-414-6926	

TITLE	NEIGHBORHOOD or CITY	CONTACT	PAGE
Addicts Health Opportunity Prevention Education (AHOPE) (Boston Public Health Commission)	South End	1-800-383-2437 617-534-3976	39
Allston-Brighton Substance Abuse Task Force	Brighton	617-789-2967	39
Charlestown Family Support Circle (Charlestown Substance Abuse Coalition)	Charlestown	617-726-0058	48
Charlestown Substance Abuse Coalition	Charlestown	617-726-0059	48
Gavin Foundation	South Boston	617-268-5517	51
Massachusetts Organization for Addiction Recovery (MOAR)	Downtown	1-877-423-6627 617-423-6627	55
Metro Boston Recovery Learning Community	Jamaica Plain Somerville South End West End	617-305-9900	57
Providing Access to Addictions Treatment, Hope and Support (PAATHS) (Boston Public Health Commission)	South End	1-855-494-4057 617-534-9343	59
The Transformation Center	Roxbury	617-442-4111 1-877-769-7693	62

SECTION 3: ADDITIONAL RESOURCES

Boston Police Department, District D-14 (Allston & Brighton)

301 Washington Street, Brighton, MA, 02135 617-343-4260 http://bpdnews.com/district-d-14

Brighton Division, Boston Municipal Court

52 Academy Hill Road, Brighton, MA 02135 617-782-6540 // TTY: 617-789-4283 http://www.mass.gov/courts

Family Justice Center of Boston

989 Commonwealth Avenue, Boston, MA 02215 617-779-2100

http://bphc.org/whatwedo/violence-prevention/Family-Justice-Center

The Family Justice Center of Boston (FJC) is a community of agencies providing direct services to individuals and families in the City of Boston (and beyond) who have been affected by and/or exposed to domestic violence, sexual assault, child abuse or human trafficking.

HelpSteps

http://www.helpsteps.com/

The goal of the HelpSteps toolset is to alleviate disparities in health and social well-being in our community by connecting individuals to local resources. HelpSteps is developed and maintained by The Online Advocate team at Boston Children's Hospital.

MassHealth

Enrollment Center: 1-888-665-9993 // TTY: 1-888-665-9997 Customer Service: 1-800-841-2900 // TTY: 1-800-497-4648

Medicaid

Medicaid Managed Care Recipient Line: 1-800-682-1062

SECTION 4: RESOURCE DESCRIPTIONS A-Z

AdCare Hospital

14 Beacon Street, Suite 801, Boston, MA 02108 1419 Hancock Street, Suite 301, Quincy, MA 02169 http://www.800alcohol.com/

AdCare outpatient alcohol drug rehab clinics offer comprehensive and individualized treatment that accommodates clients' work and family schedules. Comprehensive Assessment and Evaluation focuses on evaluating and comprehending the severity of an individual's alcohol or drug abuse problem as the first step toward developing an individualized and appropriate treatment plan. Individual, Group and Family Counseling is available for persons struggling with alcohol and drug abuse and its related problems at all stages of addiction and recovery.

Addiction Treatment Center of New England

77F Warren Street, Brighton, MA 02135 http://www.atcne.net/

The Addiction Treatment Center of New England, Inc. (ATCNE) is a clinically operated drug treatment program, designed to provide a safe and therapeutic environment for clients to gain control over their drug problems and learn alternatives to their addictive behavior. ATCNE specializes in the treatment of opiate dependency.

Addicts Health Opportunity Prevention Education (AHOPE) (Boston Public Health Commission)

774 Albany Street, Boston, MA 02118 http://www.bphc.org/

The AHOPE Program is a harm reduction and needle exchange site providing a range of service to active injection drug users, including: Rapid HIV testing; Integrated HIV/ Hepatitis/ and STI testing; Free, legal, and anonymous needle exchange; Supported referrals to HIV, Hepatitis, and STI treatment; Overdose prevention education and training, including enrollment in the Massachusetts Overdose Education and Naloxone Distribution (OEND) Program; Risk reductions supplies to reduce the spread of HIV and Hepatitis C infection; Risk reduction counseling; Supported referrals to all modalities of substance abuse treatment

For the AHOPE van schedule or for more information, please call 617-534-3976.

Allston-Brighton Substance Abuse Task Force

Helen Connolly, Director: helen.connolly@steward.org http://abdrugfree.org/

The Allston-Brighton Substance Abuse Task Force is a coalition of community agencies and residents that mobilizes youth, families, community members and leaders to prevent and reduce substance abuse among youth and adults in our community.

Arbour Counseling Services (Arbour Health System)

14 Fordham Road, Allston, MA 02134 227 Babcock Street, Brookline, MA 02446 157 Green Street, Jamaica Plain, MA 02130 10-I Roessler Road, Woburn, MA 01801 http://www.arbourhealth.com/organizations/arbour-counseling-services/

Areas of care include: Individual, couple, family and group mental health counseling for all ages; Emergency assessments, medication management and responsive assistance; Individual treatment plans developed in close collaboration with patients' and referrers' goals and needs; Evaluation and treatment for: stress-related issues, depression and anxiety disorders, bipolar and psychotic disorders, obsessive compulsive disorders, personality disorders and ADD/ADHD, among others.

Structured Outpatient Addictions Program (SOAP) is available at Jamaica Plain & Woburn sites.

Arbour Hospital (Arbour Health System)

49 Robinwood Avenue, Jamaica Plain, MA 02130 http://www.arbourhealth.com/organizations/arbour-hospital/

Arbour Hospital is a 136-bed private psychiatric facility located in Boston's Jamaica Plain neighborhood. The hospital specializes in adult mental health treatment, adolescent and dual diagnosis services. Other services include partial hospitalization programs (PHP) and outpatient treatment.

Arbour-HRI Hospital (Arbour Health System)

227 Babcock Street, Brookline, MA 02446 http://www.arbourhealth.com/organizations/arbour-hri-hospital/

Arbour-HRI Hospital is a 66-bed licensed private psychiatric facility located in Brookline, Mass. There are four inpatient units designed to treat adults with general psychiatric disorders, dual diagnosis and women's issues. The hospital also has three separate and distinct partial hospitalization programs located on the hospital grounds.

Bay Cove Human Services

66 Canal Street, Boston, Ma 02114 http://www.baycove.org/

Bay Cove provides effective, compassionate care to more than 20,000 individuals and families who face the challenges of developmental disabilities, mental illness, drug and alcohol addiction and aging at over 160 sites in Boston and southeastern Massachusetts.

Bay Cove Human Services Community Crisis Stabilization Unit

Solomon Carter Fuller Mental Health Center, 6th Floor, 85 East Newton Street, Boston, MA 02118 <u>http://www.baycove.org/</u>

The Community Crisis Stabilization Unit is an unlocked crisis unit that helps people in an acute behavioral health crisis to stabilize, strengthen their coping resources and supports, and develop a plan to live a better life. The CCS offers rehabilitative and recovery focused services that enable people to get through such crises without needing to rely on more costly and unnecessarily restrictive inpatient psychiatric services. CCS referrals come from BEST Urgent Care Centers (Bay Cove Human Services and North Suffolk Mental Health Association), Cambridge/Somerville Emergency Services or the BEST designated emergency departments (Boston Medical Center ED or Mass General Hospital Acute Psychiatric Service) through the attending on call. If another emergency service outside BEST or Cambridge/Somerville ESP desires to

refer a client to the CCS, they need to present a case to the attending on call, who will determine if the person can be served well on the CCS.

Bay Cove Treatment Center for Opiate Addictions

66 Canal Street, Boston, MA 02114 http://www.baycove.org/

The Bay Cove Treatment Center is an addiction treatment center focusing on opiate addicted clients with specialty programs for pregnant women, dually diagnosed individuals and persons who are HIV positive. The Center provides intensive, seven-day-a-week outpatient treatment to IV drug users. Clients receive medical assessments, daily dosing with methadone medication, weekly individual and group counseling, and comprehensive substance abuse education. Case management and referral services are regularly provided. The primary client population for this program is opiate-addicted IV drug users from the Greater Boston area. Special populations served include HIV/AIDS infected clients, poly-substance abusers, pregnant addicts, clients with a dual diagnosis of mental illness and addiction to opiates, and heroin users who are homeless.

BayRidge Hospital (Lahey Health Behavioral Services)

60 Granite Street, Lynn, MA 01904 http://www.beverlyhospital.org/locations--services/locations/bayridge-hospital

BayRidge Hospital provides accessible, high-quality substance abuse and mental health treatment. This psychiatric hospital offers a continuum of chemical dependency and psychiatric services on an inpatient, partial hospitalization and outpatient basis.

Beth Israel Deaconess Medical Center Inpatient Unit

330 Brookline Avenue, Boston, MA 02215 http://www.bidmc.org/Centers-and-Departments/Departments/Psychiatry/Inpatient-Unit.aspx

Patients in need of an acute inpatient level of psychiatric care are those who present a danger to themselves or others or are unable to care for themselves due to mental illness. Priority for admission is given to patients meeting these criteria who are referred from the Beth Israel Deaconess Emergency Department or inpatient medical-surgical services.

The resources of the Acute Psychiatric Inpatient Unit are directed toward patients with major mental illness, including: those with a first onset of symptoms; those with a recent exacerbation of symptoms; those with medical comorbidity who are in need of intensive psychiatric treatment but not in need of medical admission.

The Boston Center (Arbour Health System)

14 Fordham Road, Allston, MA 02134 http://www.arbourhealth.com/organizations/the-boston-center/

The Boston Center provides Partial Hospitalization Programs for children and adolescents. Services include highly structured, intensive behavior modification group programs for children, ages 6-12, and adolescents, ages 13-18, with acute emotional and behavioral difficulties. The children's program is the only one of its kind in the Boston area.

Boston Children's Hospital Psychiatry

300 Longwood Avenue, Boston, MA 02115 http://www.childrenshospital.org/

Psychiatry Inpatient Service is a 16-bed inpatient psychiatric unit for children and adolescents, ages 8 to 18; provides psychiatric assessment and treatment for patients who are in the midst of a psychiatric crisis; teaches children and their families important skills to help with coping and recovery after leaving the hospital.

Outpatient Psychiatry Service: Provides diagnostic assessments and treatment recommendations; Provides individual, group and family psychotherapy; When appropriate, prescribes—and helps patients and families manage—medications in conjunction with psychotherapy.

Boston Children's Hospital Adolescent Substance Abuse Program

Boston Children's Hospital, Fegan Building, 10th Floor, 300 Longwood Avenue, Boston, MA 02115 <u>http://www.childrenshospital.org/</u>

The Adolescent Substance Abuse Program (ASAP) at Boston Children's Hospital provides national leadership in the identification, diagnosis and treatment of substance use problems and disorders in children and adolescents. ASAP is part of the Division of Developmental Medicine, and is staffed by developmental-behavioral trained pediatricians, licensed independent social workers and psychiatrists. ASAP clinicians are uniquely qualified to evaluate and support adolescents with a full range of substance use problems and disorders, from teens who have just begun using substances to those struggling with addiction, and their families.

Boston Children's Hospital Neighborhood Partnerships

http://www.childrenshospital.org

Boston Children's Hospital Neighborhood Partnerships (CHNP) is the community behavioral health program in the Department of Psychiatry at Boston Children's Hospital. For 13 years, CHNP has placed social workers, psychologists, and psychiatrists in schools and community health centers throughout Boston to provide a comprehensive array of behavioral health services to children and adolescents where they live and learn.

Boston Institute for Psychotherapy

1415 Beacon Street, Suite 120, Brookline, MA 02446 http://www.bostoninstitute.org/

Boston Institute for Psychotherapy, Inc. (BIP) is a non-profit organization dedicated to professional training, mental health treatment, and public education. It was created and is sustained by mental health professionals who endorse psychodynamic and psychoanalytic principles of practice and growth.

Boston Medical Center Psychiatry

One Boston Medical Center Place, Boston, MA 02118 http://www.bmc.org/psychiatry.htm

The Department of Psychiatry provides an array of services, including but not limited to: Psychiatric triage; Crisis intervention; Psychiatric evaluation; Extended evaluations; Psychopharmacological treatment; Individual and group therapy; Neuropsychological assessments; Psychological testing.

Boston Rescue Mission

39 Kingston Street, Boston, MA 02111 http://www.brm.org/

The Boston Rescue Mission offers outpatient counseling, day treatment programming, and the Rebuilding Homes program provide the most efficient means to keep people in their homes.

Boston Treatment Center (Lahey Health Behavioral Services)

Zero Centennial Drive, Peabody, MA 01960 http://www.nebhealth.org/

Boston Treatment Center is a 50-bed inpatient detoxification and treatment service that treats and cares for men and women who need to be medically detoxified from alcohol, opiates and benzodiazepines. Services include: Safe medical detoxification; Group counseling; Support from the community of others who are in recovery from addiction; Aftercare planning; Referral to ongoing care and/or 12-step programs.

Boston University Center for Anxiety & Related Disorders

648 Beacon Street, 6th Floor, Boston, MA 02215 Bonnie Brown, Nurse Administrator and Media Specialist: <u>bonnieb@bu.edu</u>. <u>http://www.bu.edu/card/</u>

The Center for Anxiety and Related Disorders at Boston University (BU CARD) is an internationally known clinical and research center specializing in helping both adults and children address a range of anxiety disorders and related challenges, such as difficulties with sleep, concentration, eating, and mood.

Boston University Center for Psychiatric Rehabilitation

940 Commonwealth Avenue West, Boston, MA 02215 <u>http://cpr.bu.edu/</u>

The Center is a research, training, and service organization dedicated to improving the lives of persons who have psychiatric disabilities. Our work is guided by the most basic of rehabilitation values, that first and foremost, persons with psychiatric disabilities have the same goals and dreams as any other person. Our mission is to increase the likelihood that they can achieve these goals by improving the effectiveness of people, programs, and service systems using strategies based on the core values of recovery and rehabilitation. The outcome of Recovery is a given here. It is not debatable or an outside possibility. We are not a traditional clinical environment, but we maintain the highest ethical standards. We share power with our student, have high expectations and learn with our students as we support their quest to be full citizens as healthy adults.

Bournewood Hospital

300 South Street, Brookline, MA 02467 http://www.bournewood.com/

Bournewood Hospital is an independent psychiatric hospital located in Brookline, Massachusetts, providing mental health and chemical dependency care for adults and young people. Bournewood Hospital's treatment programs span a broad continuum of inpatient, partial hospital and intensive outpatient services, enabling patients to enter the system at any point in their illness and experience seamless care as they progress in their recovery.

Brigham and Women's Faulkner Hospital

1153 Centre Street, Boston, MA 02130 http://www.brighamandwomensfaulkner.org

Brigham and Women's Faulkner Hospital (BWFH) is a 150 bed non-profit, community teaching hospital offering comprehensive medical, surgical and psychiatric care as well as complete emergency, ambulatory and diagnostic services. Department of Psychiatry programs include: 2 South - 24 bed locked inpatient psychiatric unit for patients 16 and older; 6 North - 8 bed inpatient detox - primarily for alcohol and benzodiazepine withdrawal, co-led with medicine; Addiction Recovery Programs - Evening Outpatient Group Program, Outpatient Suboxone Practice, and the Dual Diagnosis Substance Abuse Program; Psychiatric Partial Hospital Program; Consultation Liaison Service; Outpatient General Psychiatry Clinic.

Brighton Allston Mental Health Association (Italian Home for Children)

77B Warren Street, Brighton, MA 02135 Dorchester Clinic: St. Mary's Center, 90 Cushing Avenue, Boston, MA 02125 http://www.italianhome.org/?page_id=2175

BAMHA provides outpatient mental health services, including individual, group and family therapy, to children, adults and families. The services are provided at BAMHA's main clinic site in Brighton and at an outreach site in Dorchester as well as in multiple schools in Greater Boston.

Brockton Addiction Treatment Center (BATC)

30 Meadowbrook Road. Brockton, MA 02301 <u>http://www.hptc.org/</u>

Brockton Addiction Treatment Center (BATC) offers Detoxification Services, Clinical Stabilization Services at Serenity Inn, and Outpatient Services for the Community.

Individualized care is provided by an interdisciplinary treatment team of professionals, including psychiatrists, physicians, registered nurses, registered practical nurses, licenses social works, and licensed mental health and substance abuse clinicians. An enhanced treatment plan is developed with the active participation of both patient and primary counselor. Family involvement and family sessions are encourages as part of the patient's individualized treatment plan.

Brookline Community Mental Health Center

41 Garrison Road, Brookline, MA 02445 http://www.brooklinecenter.org

For over 50 years, the Brookline Community Mental Health Center has helped our community lead healthier, happier and fuller lives. A thriving community health center and the largest human services agency in Brookline, the Center serves individuals and families experiencing adverse life circumstances and mental health issues. We provide access to timely, high quality and affordable care in a welcoming and reassuring setting.

CASPAR Emergency Services Center (Bay Cove Human Services)

240 Albany Street, Cambridge, MA 02139 http://www.casparinc.org/

CASPAR's Emergency Services Center (ESC) is one of two shelters in Massachusetts that accept people who are using drugs and alcohol and are homeless. At the ESC clients receive medical and mental health care, nutritional food, personal hygiene supplies, clean clothes, counseling, case management, and

employment, housing, and treatment referrals in an environment that is welcoming and safe. The ESC provides 24-hour shelter, 365 days a year to residents of Cambridge and Somerville.

CASPAR GROW House (Bay Cove Human Services)-

6 Camelia Avenue, Cambridge, MA 02139 http://www.casparinc.org/

GROW House is a seven-bed transitional housing program for formerly homeless women who have graduated from residential treatment programs. Residents live in a supportive community where they receive intensive case management and ongoing post-treatment services. GROW House offers on-site individual case management and group counseling.

CASPAR Hagan Manor (Bay Cove Human Services)

268 Washington Street, Somerville, MA 02143 http://www.casparinc.org/

Hagan Manor is a six bedroom congregate living suite for men with disabilities in addition to their substance abuse history. At Hagan Manor, men who have graduated from residential treatment have the opportunity to reside in a supportive living environment where they have access to on-site case management intended to continually monitor and stabilize their recovery. Hagan Manor residents receive supportive services from trusted and familiar members of CASPAR's Men's Residences staff.

CASPAR Men's Residences (Bay Cove Human Services)

16 Highland Avenue, Somerville, MA 02143 3 Summit Avenue, Somerville, MA 02143 http://www.casparinc.org/

CASPAR Men's Residences provide a six-to-nine month residential experience for 42 men experiencing the struggles of early sobriety. Clients receive the building blocks necessary for long-term sobriety through individual and group counseling and community-based self-help groups. Utilizing a psycho-educational approach to groups, staff provide clients with the tools they will need to develop and practice a healthy and fulfilling sober lifestyle. In addition, clients receive counseling and case management to build relapse prevention skills through the use of 12 Step Facilitation, Harm Reduction, and Motivational Interviewing Techniques. Clients also receive job readiness skills, which are provided by CASPAR's Employment Services program.

CASPAR New Day (Bay Cove Human Services)

242 Highland Avenue, Somerville, MA 02143 http://www.casparinc.org/

New Day was one of the first residential substance abuse treatment programs for pregnant and parenting women with their newborns. We offer a supportive, clean and sober treatment experience in an effort to improve birth outcomes for infants, and to support these mothers in leading a sober and healthy life. New Day offers on-site individual and group counseling, support groups, psychoeducational groups, legal assistance, and specialized services for at-risk infants, as well as referrals to support groups and social and medical services in the community.

CASPAR Womanplace (Bay Cove Human Services)

11 Russell Street, Cambridge, MA 02140 http://www.casparinc.org/

Womanplace is a 20-bed residential program for women in need of six months of gender-specific residential treatment in a safe and nurturing environment where they learn to live clean and sober. In addition to their substance abuse history, many women entering treatment have serious trauma and abuse histories as well as related mental health issues which need to be addressed. Others struggle with the loss of children due to active substance abuse. Womanplace staff provide on-site individual and group counseling and referrals to an array of social, medical, and mental health services in the community.

Cambridge Eating Disorder Center

3 Bow Street, Cambridge, MA 02138 http://www.eatingdisordercenter.org/

The Cambridge Eating Disorder Center (CEDC) strives to provide the highest quality continuum of care in a non-institutional community setting to both males and females suffering from eating disorders. CEDC offers outpatient services, an adult evening intensive outpatient program, an intensive outpatient program to adolescents between the ages of 12 and 17, partial hospital treatment program for adolescents and adults, and a residential program for adolescent girls and women.

Cambridge Hospital (Cambridge Health Alliance)

1493 Cambridge Street, Cambridge, MA 02139 http://www.challiance.org/Locations/CambridgeHospitalcampus.aspx

Cambridge Hospital provides inpatient and outpatient services for children (3-12), adolescents (13-18), adults (18+).

Inpatient services include: Comprehensive evaluation; Medication assessment; Daily individual monitoring of mental status and medication compliance; Structured group treatment in a therapeutic milieu; Family assessment; Family meetings; Meetings with outpatient caregivers and other social supports; Case management.

Outpatient services include: General Psychiatry Service; Dialectical Behavior Therapy; Behavioral Medicine; Consultation-Liaison Service; Family and Couples Clinic; Program for Psychotherapy; Psychological and neuropsychological Testing; Psychopharmacology (Meditation) Clinic; Transitional Program; Trauma services.

Carney Hospital

2100 Dorchester Avenue, Dorchester, MA 02124 http://www.carneyhospital.org

Carney Hospital, a member of Steward Health Care, is the largest fully integrated community care organization in New England. Carney Hospital is a community teaching hospital committed to the values of compassion, accountability, respect and excellence. Our reputation for clinical expertise and physician excellence and our strengths in key medical specialties are the reasons we are a teaching hospital for Tufts University School of Medicine. That means, while health care's new leaders are being trained by the best, our patients are being cared for by the best, too.

47

The CASTLE (Clean And Sober Teens Living Empowered)

30 Meadowbrook Road, Brockton, MA 02301 http://www.castlekids.org/

The CASTLE (Clean And Sober Teens Living Empowered) is a short-term treatment center committed to the prevention, treatment, and abstinence of drug and alcohol use in adolescents. It is the first adolescent-focused treatment facility of High Point Treatment Center, well-known for its excellent quality of care in adult addiction services. Up to 24 teenagers, ages 13-17, reside in a renovated brick building in Brockton, MA, learning how to maintain their goals of being clean and sober. The program integrates traditional 12-Step and other recovery programs with a novel approach to treatment based on respect, brain-based neuroscience, and an appreciation of the influences of the home and social environment on a person's current emotional, psychological, and cognitive self-image.

Center for Recovery Services (Gavin Foundation)

210 Old Colony Avenue, South Boston, MA 02127 http://www.gavinfoundation.org/programs/center-for-recovery-services/

The Center for Recovery Services offers individual and group treatment for individuals struggling with substance use, abuse and addiction. Services are provided by licensed clinicians and, if medication management is needed, we have an on-site Psychiatric Nurse Practitioner who will evaluate and educate the client on medication options, including Vivitrol. Services include: Assessments; Substance Abuse Counseling; Case Management; Relapse Prevention; Individual and Group Therapy; Anger Management; EMDR-Eye Movement Desensitization and Reprocessing; A-CRA ACC-Adolescent Community Reinforcement Approach Assertive Continuing Care for youth ages 14 to 22; SOAP/IOP-Structured Outpatient Addiction Program/Intensive Outpatient Program for adults and youth ages 16 to 20.

Center House Day Treatment Program (Bay Cove Human Services)

31 Bowker Street, 5th Floor, Boston, MA 02114 http://www.baycove.org/

Bay Cove's Center House Day Treatment (CHDTP) is an outpatient, psychiatric day treatment program serving adults with mental health and addiction issues from the greater Boston area. Treatment is provided in therapeutic groups and milieu-based therapy within a supportive community.

People are referred to the program from a variety of sources, including inpatient psychiatric units, partial hospitalization programs, private therapists, DMH, CBFS and other community service programs, primary care physicians, and other treatment providers. These people might require more structure and support than traditional outpatient services.

Central Street Care Center (Cambridge Health Alliance)

26 Central Street, Somerville, MA 02143 http://www.challiance.org/Locations/CentralStreetHealthCenter.aspx

The Central Street Care Center is home to a wide range of mental health programs. Patients who visit us may see a Psychiatrist, Psychologist, Social Worker or Therapist. Needs served include: Anger problems; Anxiety; Drug problems; Stress; Relationship issues; Fears; Depression; Mood disorders; Personality disorders; Special women's health issues.

Charles River Community Health

495 Western Avenue, Brighton, MA 02135 564 Main Street, Waltham, MA 02452 http://www.jmschc.org/

Our mission is to improve the health and well-being of the communities of Allston, Brighton, Waltham and surrounding areas by providing quality, comprehensive, coordinated care. The Health Center's Behavioral Health Department offers outpatient services including psychiatry services and mental health counseling. Bilingual clinicians provide individual, family and couples therapy to children, adolescents and adults.

Charlestown Family Support Circle

15 Green Street, Charlestown, MA 02129 http://www.charlestownsubstanceabusecoalition.com/family-circle/

CFSC assists Charlestown youth and families by connecting them to resources and supports in and around their community.

Charlestown Recovery House (Gavin Foundation)

15 Bunker Hill Street, Charlestown, MA 02129 http://www.gavinfoundation.org/programs/charlestown-recovery-house

The Charlestown Recovery House is a residential treatment program for adult men seeking to recover from effects of alcohol and drug abuse. Accommodating up to 25 men at a time, for four to six months, Charlestown Recovery House aims for restoration of dignity and self-respect in an understanding, supportive, and home-like environment. Within a structured program, using the Twelve Steps as the core of recovery, residents acquire and/or renew skills needed for mature and responsible lifestyles free of alcohol and other drugs, learning to support each other and participating in the community through service opportunities. Charlestown Recovery House is licensed as a residential rehabilitation program for adults by the Bureau of Substance Abuse Services, Department of Public Health.

Charlestown Substance Abuse Coalition

15 Green Street, Charlestown, MA 02129 http://www.charlestownsubstanceabusecoalition.com/

CSAC is a community-based coalition of residents, businesses, organizations, professionals, and advocates who work together to reduce substance use in Charlestown.

Chelsea ASAP (Bay Cove Human Services)

100 Everett Avenue, Unit 4, Chelsea, MA 02150 http://www.baycove.org/

An Alcohol & Substance Abuse Program (ASAP) provided in both English and Spanish, to help men and women overcome substance abuse addictions. All evaluation and outpatient treatment facilities are located in Chelsea.

Children of Alcoholism and Substance Abuse (Robert F. Kennedy Children's Action Corps) http://www.rfkchildren.org/

The Children of Alcoholism and Substance Abuse (COASA) program supports children of alcoholism and substance abuse by advocating for them in community forums and developing appropriate supportive educational groups for them throughout Boston. COASA facilitates school and community-based

prevention/intervention services, adapting them to the particular needs of the children served. COASA works within Boston neighborhoods with existing drug coalitions and with the Massachusetts Organization for Addiction Recovery (MOAR). The program offers resources to the children regardless of whether the parents are in treatment. Specific services include: Individual, family and group counseling; Support groups; Advocacy in the community.

Children's Services of Roxbury

11 Roxbury Street, Roxbury, MA 02119 https://www.csrox.org/

In conjunction with the Massachusetts Child Behavioral Health Initiative (CBHI), Children's Services of Roxbury coordinates intensive care services for families in the Greater Boston region seeking mental health and family supportive services for their children under the age of 21. CSR's CSA specializes in serving Black families and is designed to help families and their children with serious emotional disturbances obtain the services necessary for success at home, in school/programs, and in the community.

Community Substance Abuse Centers

http://www.csacmethadone.com/

Community Substance Abuse Centers (CSAC) is a private, outpatient program which provides humanistic treatment for those who abuse drugs. The program specializes in the treatment of narcotic addiction. Services are confidential and professional.

Cushing Houses (Gavin Foundation)

54 & 58 Old Colony Avenue, South Boston, MA 02127 http://www.gavinfoundation.org/programs/cushing-houses

The Cushing House programs promote healing in family relationships by providing groups for parents and opportunities for families to socialize with each other, and other families in the program. Most residents are diagnosed with moderate to severe substance use disorders, and have difficulty in school and at home. Some are involved with the criminal justice system. Cushing House promotes self-care, self-reliance and community responsibility, through structured activities and the experience of living in a residential setting. Cushing House aims to help youth affirm positive values and establish a web of services to support sobriety and addiction recovery. Both programs are licensed as residential rehabilitation programs for adolescents by the Bureau of Substance Abuse Services, Department of Public Health.

Depression Bipolar Support Alliance of Boston

P.O. Box 102, 115 Mill Street, Belmont, Mass 02478 http://dbsaboston.netfirms.com/

DBSA-Boston (formerly known as MDDA-Boston) is a resource for people with affective disorders, and their families and friends. Affective disorders such as bipolar disorder (manic-depressive illness) and clinical depression affect millions of people every year. DBSA members come together to share support and information with others in similar situations.

The Dimock Center

55 Dimock Street, Roxbury, MA 02119 http://www.dimockcenter.org/

The Dimock Center's Behavioral Health Services exist to help individuals and families in our area heal and grow to their full potential within a community setting. To that end, Dimock is the largest provider of

substance abuse, mental health and developmental disability services within a community health center setting in Massachusetts.

Behavioral Health services extend to the entire Dimock community, including children, adolescents and adults.

Services are located both on and off of The Dimock Center's main campus in Roxbury, MA, and include transitional, permanent and group residences. This 'continuum of inpatient care' extends from outreach to adult and transitional youth and emergency shelter to outpatient day treatment and residential substance abuse programs.

Eating Disorder Center of Boston (Monte Nido)

419 Boylston Street, Suite 501, Boston, MA 02116 http://www.montenido.com/facilities/eating_disorder_center_of_boston/

Offers both partial-hospitalization and intensive-outpatient programs.

Families for Depression Awareness

395 Totten Pond Road, Suite 404, Waltham, MA 02451 http://familyaware.org/

Families for Depression Awareness is a national nonprofit organization helping families recognize and cope with depression and bipolar disorder to get people well and prevent suicides.

Floating Hospital for Children at Tufts Medical Center

755 Washington Street, Boston, MA 02111 http://www.floatinghospital.org/

Floating Hospital's Division of Child and Adolescent Psychiatry provide expert evaluation and treatment of a wide range of emotional, cognitive and behavioral problems. In particular, we offer specialized care for children and teens with autism spectrum disorders, mood and anxiety disorders, (attention deficit hyperactivity disorder) ADHD and mental health concerns resulting from trauma, parental loss, illness and more.

Clinical Programs + Specialties: College Learning Disorders/ADHD Clinic; Child Trauma Clinic; Clinical Neuropsychology Program; Child Mood and Anxiety Disorders Clinic; Autism and Developmental Disability Services; Child and Adolescent Psychotherapy Clinic; Foster Care/Adoption/International Trauma; Massachusetts Child Psychiatry Access Program (MCPAP); Inpatient and Emergency Consultations; Consultative Services.

Franciscan Hospital for Children

30 Warren Street, Brighton, MA 02135 http://franciscanhospital.org/

Franciscan Hospital for Children provides clinical, therapeutic and educational programs for children with special health care needs. As one of the nation's largest pediatric rehabilitation hospitals, they serve children throughout our community. Franciscan's continuum of care spans inpatient, residential, educational, surgical, outpatient, and home care programs.

Gavin Foundation

675 East 4th Street, P.O. Box E-15, South Boston, MA 02127 http://www.gavinfoundation.org/

The Gavin Foundation is a multi-service agency providing comprehensive, community-based substance abuse treatment, education, and prevention. We serve more than 5,000 individuals each year through our adult, youth and community programs. The Gavin Foundation works from a deep commitment to the community, including the widespread community of individuals and families in recovery.

Gavin House (Gavin Foundation)

675 East 4th Street, South Boston, MA 02127 http://www.gavinfoundation.org/programs/gavin-house/

Gavin House is a recovery home for adult men seeking to recover from the effects of alcohol and drug abuse. Accommodating up to 33 men at a time, for six months, Gavin House aims for restoration of dignity and self-respect in an understanding, supportive, and home-like environment. Residents acquire and/or renew skills needed for mature and responsible lifestyles free of alcohol and other drugs within a structured program using the Twelve Steps as the core of recovery.

Granada House

70 Adamson Street, Allston, MA 02134 http://www.granadahouse.org/

Granada House is a residential program for those in recovery from substance addictions. The program includes individual counseling and group meetings focused on men's issues, women's issues, parenting, relapse support, and PTSD.

The Guild for Human Services

411 Waverley Oaks Road, Suite 104, Waltham, MA 02452 <u>http://www.guildhumanservices.org/</u>

The Guild is known for its year round, community-based programming for individuals with Intellectual Disabilities who have complex needs including autism, mental health diagnoses and maladaptive behaviors. The Guild's population benefits from extended year academic instruction and/or year round residential services. The Guild's program is based on the principles of Applied Behavior Analysis (ABA).

Habit OPCO

180 Centre Street, Brockton, MA 02302
99 Topeka Street, Boston, MA 02118
1515 Hancock Street, Suite 304, Quincy, MA 02169
http://www.crchealth.com/

Habit OPCO provides medically supervised methadone and Suboxone (buprenorphine) maintenance treatment to individuals who are attempting to overcome an addiction to or dependence upon heroin or other opioids.

To be eligible for this type of treatment at the Habit OPCO Boston Treatment Center, prospective patients much be at least 18 years old, and must have been addicted to or dependent upon opiates for a minimum of one year prior to seeking treatment.

High Point Treatment Center

30 Meadowbrook Road, Brockton, MA 02301 http://www.hptc.org/

High Point Treatment Center's mission is to prevent and treat chemical dependency and provide therapeutic services for mental health issues. Our goal is to help an individual achieve personal change and accept responsibility toward an improved quality of life.

Hill Center for Women (McLean Hospital)

McLean Hospital, 115 Mill Street, Belmont, MA 02478 http://www.mcleanhospital.org/programs/hill-center-women

The Hill Center for Women offers psychiatric and psychological services for women with histories of trauma and related disorders, borderline personality, mood, and anxiety disorders. As a residential program with a two week average length of stay, the Hill Center for Women provides a safe, supportive, and secure environment to help women build strength and find new resources to regain command of their lives.

The Home for Little Wanderers

Administrative Offices: 10 Guest Street, Boston, MA 02135 Child & Family Counseling Center: 780 American Legion Highway, Roslindale, MA 02131 Therapeutic After School Program: 780 American Legion Highway, Roslindale, MA 02131 http://www.thehome.org

The Home for Little Wanderers provides a seamless continuum of vital programs and services for every stage of child and family development. Serving children and youth from birth to 22, The Home makes a positive impact on over 7,000 lives each year through a network of services including behavioral health, therapeutic residential and special education, adoption and foster care. In addition, a number of innovative programs provide specialized assistance to youth transitioning to adulthood from state systems of care.

Hope House

8 Farnham Street, Boston, MA 02119 http://hopehouseboston.org/

Hope House provides individualized treatment to those living with a substance use disorder. Individuals receive education and support allowing them to pursue their life interests with families, employers, and be self-sufficient members of their communities.

IMPACT (North Charles)

Administrative and Counseling Offices: 260 Beacon Street, Somerville, MA 02143 <u>http://www.northcharles.org/</u>

IMPACT is a Department of Public Health licensed outpatient substance abuse treatment program offering recovery based, goal oriented outpatient alcohol and drug treatment to individuals, age sixteen and older, and whose lives are negatively impacted by substance use. The program's goal is to assist clients and families in attaining and maintaining substance free lives. IMPACT's objective is to provide an individually designed comprehensive therapy program to identify and meet the client's individual needs. Clients eligible for IMPACT services are those who do not need a more intensive level of care due to medical, psychological or behavioral problems. (e.g. drug and alcohol tapering needs, methadone maintenance treatment, residential services). Referrals are offered to clients deemed ineligible for IMPACT. Services include individual, group and family counseling, case management, and psychopharmacology services.

Institute for Health and Recovery

349 Broadway, Cambridge, MA 02139 http://www.healthrecovery.org/

IHR offers outpatient treatment services for adults, youth, and families struggling with substance use and/or mental health issues. Clinicians work to support clients in addressing their substance use disorders by integrating parenting, mental health, and trauma counseling into treatment. IHR believes that substance use and co-occurring disorders, as well as recovery, occur in the context of family and relationships; therefore, our clinicians support family stabilization by focusing on all family members. IHR's outpatient services include individual counseling, case management, and group treatment. Treatment occurs in home, community, and office-based settings, serving most towns in the Greater Boston area and Northeast Mass.

Italian Home for Children

1125 Centre Street, Boston, MA 02130 http://www.italianhome.org/

Italian Home for Children provides progressive and therapeutic programs to help children, adults, and families with emotional, behavioral, and educational special needs thrive in their communities. Campus-based programs serve children ages 4-13, outreach programs serve youth ages 4-21, outpatient mental health programs serve children, adolescents, and adults from ages 3-90+.

Jonathan O. Cole Mental Health Consumer Resource Center

McLean Hospital, deMarneffe Building, 115 Mill Street, Belmont, MA 02478 http://www.coleresourcecenter.org/

The Cole Center is a consumer to consumer education and recovery community dedicated to helping mental health consumers achieve a full and healthy life by responding to their concerns with the compassion and pragmatism necessary to alleviate their hardship and aid in their recovery. The Resource Center is committed to providing the latest educational material, the training of the mental health community and media outreach programs to reduce the stigma surrounding mental illness. The Resource Center was founded, created and is entirely staffed and operated by mental health consumers who have dealt successfully with mental illness. The center is dedicated to serving as a model for other resource centers nationwide with a consumer-operated approach and a close partnership with the psychiatric community.

K-Street

74 Kilmarnock, Street Boston, MA 02115 <u>http://k-street.com/</u>

The K-Street Facilities Committee, Inc. is a Boston-based non-profit, consumer/peer-operated organization, dedicated to providing a safe meeting space for members and friends of the Gay, Lesbian, Bisexual & Transgendered (GLBT) community who are seeking recovery from addictions, abuse and/or discrimination.

Klarman Eating Disorders Center (McLean Hospital)

McLean Hospital, 115 Mill Street, Belmont, 02478 http://www.mcleanhospital.org/programs/klarman-eating-disorders-center/

The KEDC comprehensively treats each patient individually for the best possible outcome. Recognizing that each young woman has a distinct set of issues that contribute to her eating disorder, KEDC also understands that many also struggle with co-occurring mental health problems such as substance abuse, depression, mood and anxiety disorders, as well as trauma and post traumatic stress disorder.

The overarching goals of treatment are to improve symptom control, foster a sense of understanding of the patient's emotional life and the issues underlying the eating disorder, enhance self-esteem and build a greater sense of personal and family well-being. KEDC's average length of stay is four to six weeks.

Lahey Health Behavioral Services Opiate Addiction Treatment Services

111 Middleton Road, Danvers, MA 01923 298 Washington Street, Gloucester, MA 01930 http://www.nebhealth.org/

A medically-assisted treatment and counseling program for opiate users, serving adult men and women. Through a combination of medication, therapy and links to other healthcare services, the Opiate Addiction Treatment Services program can help you to live a drug-free life. After two to three days of first treatment, clients report alleviation from withdrawal and diminished cravings, which allows them to break the cycle of addiction.

Services include: Daily dosing with consultation by nursing staff; Family, couples and group therapy; Care for expecting mothers, including education and treatment specific to Methadone Maintenance Treatment and pregnancy. Coordination with OBGYN staff, hours of SNICU and support for family members; Direct access to other levels of care offered at Lahey Health, including step-down and half way houses, Vivitrol treatment and intensive outpatient and crisis services; In-house psychiatric services and psychopharmacology; Help with transportation, legal matters and payment for services (for those who qualify).

The Landing at McLean Hospital

McLean Hospital, 115 Mill Street, Belmont, MA 02478 http://www.mcleanhospital.org/programs/landing-mclean-hospital/

The Landing at McLean Hospital combines intensive and extended transitional programming for adolescents and young adults through age 19 who are struggling with substance use disorders and psychiatric illness, such as ADHD, anxiety, depression or bipolar disorders. The residential program focuses on treating adolescents with substance use and co-occurring psychiatric diagnoses.

Learn to Cope

508-738-5148 http://learn2cope.org/

Learn to Cope (LTC) is a non-profit peer-led support network established in 2004. Funded by the Massachusetts Department of Public Health, Learn to Cope collaborates with communities across Massachusetts to spread messages of prevention, education, awareness, and advocacy. With nearly 7,600 members on a private online forum and 22 chapters throughout the state of Massachusetts an additional chapter in Florida, the group offers families unique support from their peers. Through collaboration with the state health department, Learn to Cope became the first parent network in the country to provide the overdose-reversal medication naloxone to family members at all Learn to Cope meetings. Today, 80 of the 200 Learn to Cope facilitators are trained and certified to provide LTC families with overdose education and nasal naloxone kits at each chapter. Through Learn to Cope, families who attend meetings receive training and the lifesaving medication to reverse a loved one's opioid overdose. Since December 2011, LTC members have successfully reversed 50 opioid overdoses in their homes.

Lowell Treatment Center (Arbour Health System)

391 Varnum Avenue, Lowell, MA 01854

http://www.arbourhealth.com/organizations/lowell-treatment-center/

Lowell Treatment Center, a 41-bed satellite facility of Westwood Lodge, is located in the Solomon Mental Health building near Lowell General Hospital in Lowell, Mass. The hospital offers inpatient hospitalization and partial hospitalization (PHP) for adolescents and adults.

Massachusetts General Hospital Addiction Recovery Management Service (ARMS)

151 Merrimac Street, 6th Floor, Boston, MA 02114 http://www.massgeneral.org/psychiatry/arms/home.aspx

The Addiction Recovery Management Service (ARMS) specializes in supporting teenagers and young adults between the ages of 14 and 26, and their parents, as they deal with their substance use and related problems.

Massachusetts General Hospital Inpatient Psychiatric Service

15 Parkman Street, Warren 12, Boston, MA 02114 http://www2.massgeneral.org/allpsych/ips/

The Inpatient Psychiatric Service (IPS), located at Massachusetts General Hospital, is a 24-bed short-term secure medical psychiatric unit. The service is licensed to treat adults 19 years and older who require psychiatric treatment in an acute inpatient setting. The treatment team is made up of highly specialized mental health professionals who will perform comprehensive and accurate diagnostic evaluations, and recommend and initiate therapeutic interventions.

Massachusetts Organization for Addiction Recovery (MOAR)

29 Winter Street, Second Floor, Boston, MA 02108 maryanne@moar-recovery.org http://www.moar-recovery.org/

MOAR aims to organize recovering individuals, families and friends into a collective voice to educate the public about the value of recovery from alcohol and other addictions. The members of MOAR promote public awareness of alcoholism, drug dependency and substance abuse. MOAR has set up AREAS, Addiction Recovery Education Access Services, an educational support system for the recovery community.

McLean Hospital Adult Outpatient Clinic

McLean Hospital, 115 Mill Street, Belmont, MA 02478 www.mcleanhospital.org/programs/adult-outpatient-clinic/

McLean Hospital Adult Outpatient Clinic's approach to outpatient treatment is focused on comprehensive evaluation and stabilization. Most clinical services provided are designed to be short term. McLean provides evaluation and stabilization through outpatient services that are tailored to individuals' medical and personal needs and preferences. The services offered include programs connected to McLean's clinical programs. Although McLean is a psychiatric hospital, its outpatient service features a number of important medical programs, including a state-of-the-art magnetic resonance imaging (MRI) center.

McLean Hospital Alcohol and Drug Abuse Treatment Program

McLean Hospital, 115 Mill Street, Belmont, MA 02478 http://www.mcleanhospital.org/programs/alcohol-and-drug-abuse-treatment-program/

McLean Hospital ADATP's inpatient and partial hospital programs focus on treating adults with substance use disorders, with or without co-occurring psychiatric conditions. ADATP's inpatient program provides treatment for those who seek a structured, secure detoxification program, while our partial hospital program is best suited to those in need of a safe and supportive atmosphere for treatment of substance use disorders.

McLean Hospital Behavioral Health Partial Hospital Program

McLean Hospital, 115 Mill Street, Belmont, MA 02478 http://www.mcleanhospital.org/programs/behavioral-health-partial-hospital-program/

The BHP utilizes cognitive behavioral therapy (CBT) approaches (including dialectical behavioral therapy skills) for a wide range of conditions such as mood and anxiety disorders, depression, personality disorders, bipolar disorder, and substance use disorders. BHP is useful as a step-down transition from acute inpatient care or as an alternative to inpatient treatment. The program runs Monday - Friday from 8:30 am - 3 pm and average length of treatment is 3 to 10 business days.

McLean Hospital Community Reintegration Unit

McLean Hospital, 115 Mill Street, Belmont, MA 02478 http://www.mcleanhospital.org/programs/community-reintegration-unit

The Community Reintegration Unit (CRU) provides a safe and secure inpatient environment for adults in need of crisis stabilization. With an average length of stay between three and seven days, the program offers a comprehensive range of services for patients who suffer from schizophrenia, bipolar or other psychotic disorders. Staff members have special expertise in treating psychotic patients and in supporting family members with much-needed education.

McLean Hospital Schizophrenia & Bipolar Disorder Inpatient Program

McLean Hospital, 115 Mill Street, Belmont, MA 02478 http://www.mcleanhospital.org/programs/schizophrenia-and-bipolar-disorder-inpatient-program/

With an average length of stay of about ten days, the Schizophrenia and Bipolar Disorder Inpatient Program offers a comprehensive range of services for patients who suffer from schizophrenia, bipolar or other related conditions.

Services offered included: Medication evaluation and management; Psychotherapy and patient education; Family education; Rehabilitation and social supports in therapeutic living environments that offer graded levels of independence designed to meet changing individual needs.

McLean Hospital Short Term Unit

McLean Hospital, 115 Mill Street, Belmont, MA 02478 http://www.mcleanhospital.org/programs/short-term-unit/

At the Short Term Unit, McLean Hospital offers a highly focused evaluation for individuals with acute psychiatric symptoms who would benefit from a brief hospitalization. The Short Term Unit's multidisciplinary team consisting of a McLean psychiatrist, social worker, expressive therapist, nurses, and mental health specialists work with each patient to develop treatment plans tailored to his or her specific needs.

Men's Addiction Treatment Center (MATC) (High Point Treatment Center)

10 Meadowbrook Road. Brockton, MA 02301 http://www.hptc.org/

Brockton Meadowbrook Campus's Men's Addiction Treatment Center is a Section 35 treatment facility, which is an intervention program for men who have been civilly committed. Services include Detoxification Unit, Clinical Stabilization Services at Acceptance Inn, and Transitional Support Services at Beginnings.

Men's Health and Recovery (Boston Public Health Commission)

774 Albany Street, Boston, MA 02118 http://www.bphc.org/

Men's Health and Recovery is a short-term outpatient substance abuse counseling program with supportive case management for adult males in Boston. Services include: Individual substance abuse counseling; Supportive case management services; Links to educational and vocational resources; Psychotherapy and psycho-educational groups, (including: Relapse Prevention; Mindfulness and Spiritual-based Relapse Prevention; Health Education and Exercise for Addiction; Men's Trauma Group; Peer Leadership; 12-step groups).

Eligibility Requirements: 18 years of age; Resident of Boston or surrounding neighborhoods; Insurance coverage. The staff can assist men in accessing insurance coverage; A history of substance abuse or active use with the intention of seeking treatment.

Metro Boston Recovery Learning Community (MBRLC)

Peer Education Resource Center, 3313 Washington Street, Suite 2, Jamaica Plain, MA 02130 Cambridge/Somerville Recovery Learning Center, 35 Medford Street, 1st Floor, Suite 111, Somerville, MA 02143

Boston Resource Center, 85 E. Newton Street, Ground Floor, Boston, MA 02118

The Hope Center, Erich Lindemann Mental Health Center, 25 Staniford Street, Plaza Level, Boston, MA 02114

http://www.metrobostonrlc.org/

The Metro Boston Recovery Learning Community(MBRLC) is an entirely peer-run organization dedicated to providing support, education and advocacy by providing opportunities and resources to assist individuals in finding their own path to mental health recovery. Every Recovery Center has no barrier of access for people who self-identify as having a mental health issue in the past or present and/or having substance abuse issues. All the services of the Recovery Centers are free of charge.

Mom's Project/MORE Program

774 Albany Street, 4th Floor, Boston, MA 02118 http://www.bphc.org/

The Mom's Project is a 12-week outpatient treatment program that provides culturally sensitive substance abuse services. Women are not required to have children to participate. The MORE program also provides services to women mandated to treatment by court or the Department of Children and Families. Services Include: Supportive case management services; Links to educational and vocational resources; Psychotherapy and psycho-educational groups (including: Family Nurturing Program; Pathways to Family Reunification; Mindfulness-Based Relapse Prevention; Spirituality in Recovery; Trauma Recovery;

Economic Success in Recovery)

Eligibility Requirements: 18 years of age; Resident of Boston or surrounding neighborhoods; A history of substance abuse or active use with the intention of seeking treatment.

Monte Nido Laurel Hill

121 Mystic Street, Medford, MA 02155 http://www.montenido.com/facilities/monte_nido_laurel_hill

Situated in a tranquil home, across from a park and surrounded by East Coast charm, Monte Nido at Laurel Hill Inn provides a healing environment where clients can focus on recovery and regain a healthy relationship with food and their bodies. The home-like atmosphere provides comfort in a unique and nurturing setting where the challenges necessary for recovery transpire.

Services Offered: Individualized treatment for adult women in a home with only 10 residents; Evidence based and state-of-the-art protocols; Experienced and dedicated staff that includes recovered professionals; A natural environment proven to be conducive to healing; Higher amount of individual therapeutic sessions; Group therapy that solidifies and establishes other components of treatment; Family therapy including individual family sessions, weekly multi-family groups and once a month 3-day family weekend; Group therapy that solidifies and establishes other components of treatment; Family therapy including individual family sessions, weekly multi-family groups and once a month 3-day family weekend; Unique level system that meets the client where the client and is re-evaluated as client progresses through the program at her own pace

Multi-Service Eating Disorders Association

288 Walnut Street, Suite 130, Newton, MA 02460 http://www.medainc.org/

MEDA's mission is to prevent the continuing spread of eating disorders through educational awareness and early detection. MEDA serves as a support network and resource for clients, loved ones, clinicians, educators, and the general public.

The National Alliance on Mental Illness Greater Boston Consumer Advocacy/Affiliate Network (NAMI GB-CAN)

info@namigbcan.org http://www.namigbcan.org/

NAMI Greater Boston CAN (Consumer Advocacy/Affiliate Network) is an independent advocacy affiliate of NAMI Mass that is instrumental in creating empowerment opportunities for individuals with mental illness in the Greater Boston area.

The National Alliance on Mental Illness of Massachusetts (NAMI Mass)

The Schrafft Center, 529 Main Street, Suite 1M17, Boston, MA 02129 http://www.namimass.org/

NAMI Mass is a nonprofit grassroots education, support and advocacy organization. The mission of NAMI Massachusetts is to improve the quality of life both for people with mental illnesses and for their families.

North Charles Institute for the Addictions (North Charles)

Administrative and Counseling Offices: 260 Beacon Street Somerville, MA 02143 Dosing Site: Cambridge Hospital, Cahill Building, 1493 Cambridge Street, Cambridge, MA 02139 http://www.northcharles.org/

North Charles is a behavioral healthcare service provider with program locations in the cities of Cambridge and Somerville, Massachusetts. The Outpatient Mental Health Clinic and Addiction services counseling center are just outside of Porter Square in Somerville. We also provide research and planning services. In addition, our wholly owned subsidiary, Cambridge Psychiatric Services provides psychiatric moonlighting services at facilities throughout Massachusetts.

North Charles Mental Health Clinic (North Charles)

260 Beacon Street Somerville, MA 02143 http://www.northcharles.org/

The North Charles Mental Health Clinic (NCMHC) is a Department of Public Health-licensed facility which offers a full range of diagnostic and treatment services to adults (22+) suffering from mental illness. It is the belief of the NCMHC that mental illness can be actively and effectively treated, not merely held in check. The NCMHC offers a number of treatment modalities designed to address these goals, including diagnostic evaluation; individual psychotherapy; family/couples' treatment and medication prescription and monitoring. Because North Charles, Inc. is a close affiliate of the Cambridge Health Alliance, the NCMHC is able to provide possible access to an array of collateral services by referral/consultation, including psychiatric emergency services; bilingual and ethnic minority services; group therapy and services designed to treat patients suffering from histories of traumatic abuse or violence.

Obsessive Compulsive Disorder Institute (McLean Hospital)

McLean Hospital, 115 Mill Street, Belmont, MA 02478 http://www.mcleanhospital.org/programs/obsessive-compulsive-disorder-institute/

The OCDI program is for individuals 16 and older who suffer from moderate to severe treatment-resistant OCD and could benefit from intensive residential or partial hospital care. OCDI's average length of stay is between 30 and 90 days.

Office-Based Opioid Treatment with Buprenorphine Program

http://www.bumc.bu.edu

The Office based Opioid Treatment with Buprenorphine (OBOT) Program serves over 450 patients in the Boston Medical Center (BMC) outpatient General Medicine practice. OBOT provides consult and services to BMC's Family Medicine, Infectious Disease, Psychiatry, Homeless, and Obstetrics departments. Additionally, OBOT provides training and technical support to 14 community health centers in the State of Massachusetts that are also funded by this grant.

Providing Access to Addictions Treatment, Hope and Support (PAATHS) (Boston Public Health Commission)

774 Albany Street, 1st floor, Boston, MA 02118 http://www.bphc.org/

The Boston Public Health Commission's PAATHS (Providing Access to Addictions Treatment, Hope and Support) Program is a one-stop shop for anyone (individuals, families, community partners, other treatment providers) looking for information about, or access to, addiction treatment services. In addition to the walkin site at 774 Albany Street and the hotline, the PAATHS program also works with primary care providers and behavioral staff from various sites (including emergency departments and primary care settings) to assess individuals for substance use issues and link them to care as needed. Navigators are also available to provide phone support and trainings to providers upon request.

The Quincy Center

460 Quincy Avenue, Quincy, MA 02169 http://www.arbourhealth.com/organizations/the-quincy-center/

The Quincy Center, a program of Arbour Hospital, is an 18-bed Inpatient Psychiatric Unit located at Quincy Mental Health Center in Quincy, Massachusetts. The focus of the unit is to care for male, female and transgender patients 18 years of age and older with co-occurring psychiatric and addictions

disorders. The therapeutic milieu is designed to be an interpersonal environment which contributes to patients' recovery. Daily events, interactions and surroundings are purposefully structured to help patients learn more responsible ways of behaving and coping with problems.

Therapeutic modalities include psychotherapeutic intervention, activities of daily living, and psychoeducation with individual and groups of patients. Other consultation services available include nutritional, psychological, neurological and somatic therapy including electroconvulsive treatment.

The Renfrew Center

870R Commonwealth Avenue, Boston, MA 02215 <u>http://www.renfrewcenter.com/</u>

The Renfrew Center of Boston specializes in the treatment of anorexia, bulimia, binge eating disorder and related mental illnesses. Programming consists of a comprehensive range of services, including day treatment, intensive outpatient and group therapy.

The Rice Center (Boston Institute for Psychotherapy)

Boston Institute for Psychotherapy, 1415 Beacon Street, Brookline, MA 02446 <u>http://www.bostoninstitute.org/rice.shtml</u>

The Rice Center for Young Children and Families specializes in the early developmental period of a child's life. The Rice Center offers parent-child therapy, individual therapy, developmental consultations with appropriate referrals, couples therapy, parenting consultations and support groups to address the needs of parents, infants & toddlers, and young children.

Ruby Rogers Center

64 Union Square, Somerville, MA 02143 http://www.baycove.org

The Ruby Rogers Center is a member-run organization. The Center is open to anyone in recovery who could benefit from the Center's services. Members establish their own standards of behavior. The Ruby Rogers Center is staffed and managed by its Members. It is open every day of the year and provides a variety of support, personal development and recreational activities. Specifically, the program offers the following services to its members: Nutritious meals served daily and a wide variety of healthy snacks; Personal support and advocacy assistance; Social and recreational activities, such as parties and outings; An active group program, with groups chosen by members, with the following sample offerings; Support Groups.

South Boston Outpatient Clinic (Boston Public Health Commission)

1226 A Columbia Road, South Boston, MA 02127 http://www.bphc.org/

The South Boston Outpatient Clinic provides individual and group treatment, case management, and advocacy services. It also houses an adolescent after-school program called the IOP/Build Program, an eight week skills-building program for dual diagnosed adolescents. Services include: Individual substance abuse counseling; Supportive case management services; Psychotherapy and psycho-educational treatment groups.

South Cove Community Health Center

145 South Street, Boston, MA 02111 http://www.scchc.org/

The largest Asian community health center in Massachusetts with new and expanded clinics in Boston (Chinatown & South Street) and Quincy. SCCHC's mission is to improve the health and well-being of all medically underserved in Massachusetts, with a special focus on Asian Americans. This mission is accomplished by providing high quality, community-based health care and health promotion programs which are accessible, affordable, as well as linguistically and culturally competent for these populations. Behavioral Health services include: Psychotherapy; Early intervention; Parent aide services; Intensive family intervention; Case management; Children's collaborative.

South End Community Health Center

1601 Washington Street, Boston, MA 02118 http://www.sechc.org/

Outpatient Counseling: SECHC's outpatient department offers a wide array of behavioral health counseling and evaluation services to children, youth, adults, couples and families. A highly trained team of psychiatrists, psychologists, social workers, behavioral health counselors and other professionals provide a full range of clinical options, including psychopharmacology and support services in an individual or group therapy setting. Services are available for patients with more complex health needs such as chronic mental illness and families needing more intensive services, specialized treatment and therapies. Community-Based Rehabilitative Services: Provides rehabilitative interventions and supports in partnership with adults who have chronic, persistent mental illness and their families to promote and facilitate recovery. These services help patients manage psychiatric symptoms, maintain independent living and promote wellness.

Spectrum Outpatient Services (Spectrum Health Systems)

210 Bear Hill Road, Waltham, MA 02451 http://www.spectrumhealthsystems.org

Spectrum's outpatient counseling program serves adults and adolescents with chronic substance abuse and/or mental health issues, targeting the specific risk factors commonly associated with addiction and mental illness. Counselors begin by engaging the individual in order to build trust, acceptance and mutual respect. Active treatment is used to build the skills needed for recovery. Relapse prevention training, comprehensive aftercare planning and linkages to community resources help facilitate sustained recovery following discharge. Medication-Assisted Treatment is available.

St. Francis House

39 Boylston Street, Boston, MA 02116 http://www.stfrancishouse.org

St. Francis House is the largest day shelter in New England, offering basic services – food, shelter, clothing, medical care, mental health and substance abuse counseling to all, in addition to educational, rehabilitative, and housing services.

St. Elizabeth's Medical Center

736 Cambridge Street, Brighton, MA 02135 http://www.semc.org/

Steward® Behavioral Health Services offers unique, specialized care, including psychiatric services to patients, young and old. In addition to these services, our addiction treatment programs deliver excellent outcomes for individuals suffering from substance abuse problems. We offer substance abuse treatment services at the following Steward locations – NORCAP Lodge in Foxboro, Massachusetts, St. Elizabeth's Medical Center's Comprehensive Addiction Program (SECAP) in Metro Boston, and Holy Family Hospital at Merrimack Valley (ValleyCAP) in Haverhill, Massachusetts.

Ten Steward® hospitals offer Emergency Department (ED) evaluations to patients in crisis. Each ED has a team of crisis clinicians that provide evaluation and psychiatric screenings to determine what services patients may need.

If a patient requires inpatient services, they will be under close observation. During that time they will be given emergency medications as needed, and at-home medications will be ordered. Patients continue to receive ongoing assessment as crisis clinicians evaluate patients while they are in the ED. If a patient requires an outpatient program, our crisis clinicians will make arrangements or provide contact information for a program.

Total Immersion Program (Gavin Foundation)

Gavin Foundation, Center for Recovery Services, 210 Old Colony Avenue, South Boston, MA 0212 <u>http://www.gavinfoundation.org/programs/total-immersion-program-tip</u>

TIP provides an alternative to incarceration, and places clear limits and expectations on probationers. Comprehensive assessments, anger management, 12-Step participation, attendance at AAWOL and drug screening provide structure and resources for drug and alcohol free living. Independent counseling sessions are made available for victims of these violent crimes.

The Transformation Center

98 Magazine Street, Roxbury, MA 02119

http://www.transformation-center.org/

A statewide training, peer support, policy and best practice center operated by and for people with lived experience of mental health, substance use and trauma recovery.

Tufts Medical Center Inpatient Psychiatry

800 Washington Street, Boston, MA, 02111 https://www.tuftsmedicalcenter.org/

Tufts Medical Center's Department of Psychiatry offers a 20-bed inpatient psychiatric unit led by psychiatrists with extensive inpatient care experience and staffed by an experienced team of psychiatrists, nurses, social workers and occupational therapists. Tufts Medical Center's downtown Boston inpatient unit provides comprehensive, compassionate medical and psychiatric evaluation and treatment of psychiatric disorders, including severe depression, mania and psychosis.

Veterans Affairs Boston

251 Causeway Street, Boston, MA 02114 http://www.boston.va.gov/

VA Boston Healthcare System exists to serve the veteran through the delivery of timely quality care by staff who demonstrate outstanding customer service, the advancement of health care through research, and the education of tomorrow's health care providers.

Walden Behavioral Care

Inpatient & residential: 9 Hope Ave, Suite 500, Waltham, MA 02451 Outpatient & eating disorders partial hospital & intensive outpatient: 69 Hickory Drive, Suite 2000, Waltham, MA 02451 http://www.waldenbehavioralcare.com/

Walden Behavioral Care provides multilevel treatment services including inpatient, residential, partial hospitalization, and intensive outpatient programs for adults, adolescents, males, and females with eating disorders.

Walden Behavioral Care also provides inpatient treatment for patients 16 and older who need psychiatric care and an inpatient mood disorders program for adults.

Walden Psychiatric Associates offers outpatient integrative treatment programs including psychopharmacology evaluations, medical management, and nutritional counseling.

Waverley Place (McLean Hospital)

12 Church Street, Belmont, MA 02478 http://www.mcleanhospital.org/programs/waverley-place

Waverley Place is a community-based rehabilitation program offering comprehensive, coordinated care and support for adults with chronic psychiatric illness. Rehabilitation and living plans are collaboratively designed by staff and center members, taking into account such circumstances as housing, employment and education, psychiatric services, spiritual and social needs, and individualized goals.

West End Clinic (MGH)

16 Blossom Street, Boston, MA 02114 http://www.massgeneral.org/psychiatry/services/west_end_home.aspx

The West End Clinic (WEC) of Massachusetts General Hospital is an outpatient facility for those with alcohol and drug addictions, co-occurring mental health disorders and other types of addictive behaviors. Services include the following: Individual Substance Use Counseling and Psychotherapy; Brief Motivation Counseling ("Readiness work"); Family and Couples Therapy; Medication Management for Substance Use & Co-existing disorders; Intensive Outpatient Program (IOP); Young Adult Intensive Outpatient Program; Suboxone Outpatient Program; Naltrexone Injection Clinic; Group Therapies: See all our groups; Training & Peer Supervision; Consult-Liaison Services; Addiction Recovery Management Service.

Westwood Lodge (Arbour Health System)

45 Clapboardtree Street, Westwood, MA 02090 http://www.arbourhealth.com/organizations/westwood-lodge/

Westwood Lodge is a 89-bed private psychiatric hospital located in Westwood, Mass. The hospital offers a full continuum of services, including inpatient for children, adolescents and adults. Programs Include: 24-Hour Evaluations, Triage, and Admissions; Inpatient Treatment for Children, Adolescents, and Adults; Partial Hospitalization for Children, Adolescents, and Adults.

64

Whittier Street Health Center

1290 Tremont Street, Roxbury, MA 02120 http://www.wshc.org/

Whittier Street Health Center is a full-service primary care health center integrating a wide-range of health services including Behavioral Health and Substance Abuse Counseling.

The Behavioral Health Department consists of psychiatrists, psychologists, nurse practitioners, social workers and licensed mental health counselors who offer individual, family, couple, and group counseling, and medication management services for all ages. We treat a wide range of mental health issues, such as depression, Post Traumatic Stress Disorder, anxiety, ADHD, bipolar disorder, and stress related problems. We treat children, adolescents, and adults.

Services include: Intake assessments for children, adolescents, and adults; Individual therapy for all ages; Psychiatric assessment/medication management for all ages; Group therapy for adults; Intensive Family Team intervention for families in crisis; Suboxone Groups; Relapse Prevention Groups; Trauma Center.

The Women's Table

637 Cambridge Street, Brighton, MA 02135 http://thewomenstable.org/

The Women's Table actively engages women and strengthens relationships among women to promote selfknowledge, self-care, and personal growth. The Women's Table, is a Woman-to-Woman resource center sponsored by the Sisters of St. Joseph of Boston. Women from all walks of life benefit from educational programs, social support, supportive circles, advocacy and outreach support. The Women's Table creates ever-widening circles of love and compassion through our programs designed to meet the needs of women in present day. Women from all walks of life are served through The Women's Table: young, homeless moms living in shelters, older women grieving a loss of a spouse, mothers of children with disabilities, immigrant women in search of community, and many more. Programs are developed by The Women's Table fill a void, or lead women toward 'the more', or deeper meaning and understanding of their lives. The Allston Brighton Health Collaborative (ABHC) is a collaboration of local and regional organizations devoted to working together to promote and improve the health and wellbeing of the communities of Allston and Brighton. We maintain broad goals and an inclusive strategy to engage all of our member agencies in working toward building a healthier community.

http://abhealthcollaborative.org/

The Allston-Brighton Substance Abuse Task Force (ABSATF) is a coalition of community agencies and residents that mobilizes youth, families, community members and leaders to prevent and reduce substance abuse among youth and adults in our community.

http://abdrugfree.org/